A Year On



拍数: 32 墙数: 4 级数: Improver

编舞者: Hayley Walker (UK)

音乐: Summer Love Sensations - The Bay City Rollers



ROLLING VINE WITH TOUCH, KICK BALL CHANGE WITH 1/4 TURNS TWICE

1-4 Roll to your right stepping right, left, right touch left next to right

5&6 Kick left foot forward, step onto left, transfer weight to right while turning ¼ turn left

7&8 Repeat 5&6

SIDE ROCK, CROSS SHUFFLE, ROCK TURN 1/4, SHUFFLE FORWARD

1-2 Rock to side on left, recover on right
3&4 Cross left over right, step to side with right, cross left over right
5-6 Rock to side on right, recover onto left while turning ¼ turn left

7&8 Step forward on right, bring left next to right, step forward on right

FORWARD ROCK, SHUFFLE ½ TURN, STEP PIVOT ½, SHUFFLE FORWARD

1-2 Rock forward on left, recover on right

3&4 Turn left over left shoulder stepping forward on left, bring right next to left, step forward on left

finishing ½ turn

5-6 Step forward on right pivoting ½ turn, transfer weight to left foot
7&8 Step forward on right, bring left next to right, step forward on right

HEEL HOOK SHUFFLE FORWARD, 1/4 PIVOTS TWICE

Touch left heel forward, hook left foot under right knee
 Step forward left, step right next to left, step forward left
 Step forward slightly on right pivot ¼ turn to left (with attitude)

7-8 Repeat 5-6

REPEAT