

# Y La Baila... Y La Goza... Y La Canta

COPPER KNOB  
STEPPERS

拍数: 0                      墙数: 2                      级数: Intermediate  
编舞者: Luke Craig (UK)  
音乐: Aserejé (The Ketchup Song) - Las Ketchup



Sequence: A B C A B C C tag B B B

## SECTION A

### WALK FORWARD, RIGHT COASTER STEP, LEFT COASTER STEP, JAZZ BOX ¼ TURN RIGHT

1-2                      Walk forward right, left  
3&4                      Step right back, bring left to join the right, step forward on right  
5&6                      Step left back, bring right to join the left, step forward on left  
7&8                      Cross right over left, step back on left making a ¼ turn right, step right next to left

### LEFT GRAPEVINE, FORWARD AND SIDE ROCKS WITH ¼ TURN RIGHT, HIP SWAYS

1&2                      Step left to left side, step right behind left, step left to left side  
3                          Rock forward on right  
&                          Recover on left  
4                          Rock right to right side  
&                          Recover on left  
5                          Rock forward on right  
&                          Recover on left  
6                          Rock right to right side making a ¼ turn right  
&                          Recover on left  
7-8                      Hip sways left, right

### HIP BUMPS, FORWARD ROCK ½ PIVOT RIGHT, ¼ PIVOT TURN LEFT, RIGHT WEAVE

1&2                      Bump hips left, right, left  
3&4                      Rock forward on right, recover on left, ½ turn right stepping on right  
5-6                      Step left forward, pivot ¼ turn right  
7&8                      Cross left over right, step right to right side, cross left behind right

### RIGHT SIDE ROCK, LEFT WEAVE, LEFT SIDE ROCK, RIGHT WEAVE ¼ TURN RIGHT

1-2                      Rock right to right side, recover  
3&4                      Step right behind left, step left to left side, step right across left  
5-6                      Rock left to left side, recover  
7&8                      Step left behind right, step right to right side making a ¼ turn right, step left next to right

### RIGHT SIDE ROCK, LEFT WEAVE, 2 LEFT ROCKING CHAIRS

1-2                      Rock right to right side, recover  
3&4                      Step right behind left, step left to left side, step right across left  
5&6&                      Rock forward on left, recover, rock back on left, recover  
7&8                      Rock forward on left, recover, rock back on left (keep weight back on left foot)

## SECTION B

### TOE STRUT JAZZ BOX ¼ TURN RIGHT, CROSS STRUT, BACK STRUT ¼, TOE STRUTS BACK

1&                          Toe strut right across left, place heel down  
2&                          Toe strut left back turning a ¼ right, place heel down  
3&                          Toe strut right to right side, place heel down  
4&                          Toe strut left across right, place heel down  
5&                          Toe strut right across left, place heel down  
6&                          Toe strut left back turning a ¼ right, place heel down

- 7& Right toe strut back, place heel down  
8& Left toe strut back, place heel down

### **RUN FORWARD, KNEE KNOCKS**

- 1-3 Run forward right, left, right  
4 Bring left next to right  
5& Bring your knees together, separate knees  
6& Bring your knees together, separate knees  
7& Bring your knees together, separate knees  
8& Bring your knees together, separate knees
- 17-32 Repeat counts 1-16  
33-48 Repeat counts 1-16

### **OPTIONAL ARM MOVEMENTS FOR SECTION B**

**The arm movements are the same as for counts 1-16, 17-32 and counts 33-48**

- 1-6 Hand jive as you do the jazz box  $\frac{1}{4}$  turn and the cross strut and strut  $\frac{1}{4}$  turn back  
7-8 As you strut back pointing thumbs over each shoulder, one for each strut back  
9-12 Slowly raise your hands in the air and rotate wrists 4 times  
13-16 Place back of the left hand on fore head and the palm of the right hand on the back of the head

### **SECTION C**

#### **ROCK FORWARD, $\frac{1}{2}$ TRIPLE TURN, ROCK FORWARD, LEFT SHUFFLE BACK**

- 1-2 Rock right forward, recover on left  
3&4 Right triple step making a  $\frac{1}{2}$  turn right  
5-6 Rock left forward, recover on right  
7&8 Left shuffle back

#### **ROCK BACK, RIGHT SHUFFLE FORWARD, LEFT MAMBO**

- 1-2 Rock right back, recover on left  
3&4 Right shuffle forward  
5&6 Rock forward on left, recover on right, bring left next to right

#### **6 COUNT TAG**

#### **ROCK FORWARD, $\frac{1}{2}$ PIVOT RIGHT, RIGHT PIVOT TURN, FULL TRIPLE TURN**

- 1&2 Rock forward on right, recover on left, step right  $\frac{1}{2}$  turn right  
3-4 Step left forward, pivot  $\frac{1}{2}$  turn right  
5&6 Step forward left, turn  $\frac{1}{2}$  stepping back on right, turn  $\frac{1}{2}$  stepping back on left

#### **Optional easier step**

- 5&6 Left shuffle forward
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