

拍数: 32      墙数: 4      级数: Improver  
编舞者: William Sevone (UK)  
音乐: Heart On My Sleeve - Gallagher and Lyle



## 2X SIDE ROCK-ROCK-DIAGONAL CROSS SHUFFLE, (12:00)

- 1-2            Rock left foot to left side, rock onto right foot  
3&4            (Diagonal right) cross step left foot over right, step right foot to right side, cross step left foot over right  
5-6            Rock right foot to right side, rock onto left foot  
7&8            (Diagonal left) cross step right foot over left, step left foot to left, cross step right foot over left

## SIDE STEP, BEHIND TOE TAP, CHASSE RIGHT, ¼ LEFT ROCK BACKWARD, ROCK, KICK BALL CROSS, (9:00)

- 9-10            Step left foot to left side, cross tap right toe behind left heel  
11&12          Step right foot to right side, step left foot next to right, step right foot to right side  
13-14          Turn ¼ left & rock backward onto left foot, rock onto right foot  
15&16          Kick left foot forward, step left foot next to right, cross step right foot over left

## 2X SIDE ROCK-ROCK-REVERSE CROSS SHUFFLE (ALL WITH EXPRESSION), (9:00)

- 17-18          Rock left foot to left side, rock onto right  
**On count 17: drop left shoulder (raising right) & point left arm in line with left leg**  
19&20          Cross step left foot behind right, step right foot to right side, cross step left foot behind right  
21-22          Rock right foot to right side, rock onto left  
**On count 21: drop right shoulder (raising left) & point right arm in line with right leg**  
23&24          Cross step right foot behind left, step left foot to left side, cross step right foot behind left

**Styling note: if you require to make the reverse cross shuffles a little more comfortable, turn body slightly left on 19&20 and turn body slightly right on 23&24**

## ¼ LEFT STEP FORWARD, ¼ LEFT SIDE STEP, TRIPLE STEP ½ LEFT, CROSS ROCK, ROCK, TRIPLE STEP ½ RIGHT, (3:00)

- 25-26          Turn ¼ left & step forward onto left foot, turn ¼ left & step right foot to right side  
27&28          (On the spot) triple step ½ left - stepping left, right, left  
29-30          Cross rock right foot over left, rock onto left foot  
31&32          (On the spot) triple step ½ right - stepping right, left, right

## REPEAT

## DANCE FINISH

**On wall 11 replace count 31 & 32 with a ¾ right triple step (to face 'home' wall). Add a 'right hand on hat brim & left hand on left hip' to count 32**