

X-Rated

COPPER KNOB
BY STEPHEN

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Teresa Lawrence (UK) & Vera Fisher (UK)
音乐: Filthy Gorgeous - Scissor Sisters



TOUCH OUT IN, KICK & POINT, SAILOR STEP, CURTSY UNWIND

1&2 Touch right toe forward, twist both heels out, twist both heels back in (weight to go on left)
3&4 Kick forward with right, replace right next to left, touch left toe out to left side
5&6 Left sailor step
7-8 Cross right behind left, unwind full turn right (weight to end on right, 12:00)

Alternate steps

7-8 Step right next to left with weight on right, hold

SIDE ROCK REPLACE TRIPLE FULL TURN, SIDE ROCK REPLACE TOUCH HOLD

1-2 Rock left out to left side, replace weight onto right
3&4 Triple full turn left on the spot stepping left, right, left

Alternate steps:

3&4 Triple step on the spot

5-6 Rock right out to right side, replace weight on to left
7-8 Touch right toe next to left, hold (12:00)

1st restart here end of wall 3

WEAVE, HEEL BALL CROSS, SIDE, SAILOR ½ TURN

1-2-3 Cross right over left, step left to left side, cross right behind left
&4& Step left to left side & slightly back, dig right heel to slight forward right diagonal, place weight on right
5-6 Cross left over right, step right to right side
7&8 Do a left sailor step making a ½ turn left (6:00)

"GORGEOUS WALKS" MAMBO FORWARD

1-2 Step forward on right, hold
In the track they will sing "I'm gorgeous" so show everyone you are
3-4 Step forward on left, hold
5-6 Step forward on right, hold
7&8 Mambo forward on left

2 WALKS BACK, COASTER SCUFF STEP, TWIST ½ TURN

1-2 Step back right, step back left
3&4 Right coaster step
5-6 Scuff forward on left, step down on left (weight to stay on left)
7&8 Twist heels left, right, left to make ½ turn right (weight to stay on left, 12:00)

2nd restart here end of wall 7

¼ SAILOR CROSS SIDE ROCK REPLACE, BEHIND SIDE CROSS SIDE ROCK REPLACE

1&2 Sweep right out to right side while making ¼ turn right, cross right behind left, step left to left side, cross right over left (3:00)
3-4 Rock left out to left side, replace weight onto right
5&6 Cross left behind right, step right to right side, cross left over right
7-8 Rock right out to right side, replace weight onto left

PIVOT ½ SHUFFLE FORWARD, STEP HOLD, BALL STEP TOUCH

- 1-2 Step forward on right, pivot ½ turn left (9:00)
3&4 Shuffle forward on right
5-6 Step forward on left, hold
&7-8 Step ball of right foot next to left, step forward on left, touch right next to left

"HAND BAG" SIDE TOUCH, ¼ TOUCH, FORWARD TOUCH, "SPRING" BACK TOUCH!

- 1-2 Step right to right side, touch left next to right
3-4 Making ¼ turn left step left to left side, touch right next to left (6:00)
5-6 Step forward on right to slight right diagonal, touch left next to right

On the "handbag" bit, do a bit of a shoulder roll if you want, make it funky

- &7-8 Pushing off from your right "spring" back on to your left, touch right next to left, hold

On the hold, pose if like

REPEAT

RESTART

1st one on 3rd wall after 16 counts

2nd one on 7th wall after 24 counts

ENDING

After the 2nd restart you will have 1 wall left to do. At the end of the wall you will be facing the back, there is 1 count of music left. Do a quick cross right over left & unwind ½ left to face front

We have called this dance "X-Rated" because of the nature of the lyrics. There are 2 swear words in it. One is s**t & the other is b*****d & I guess the nature of the song is a little rude but we have played it to many different people in our classes & they all said they were fine with it & it's great fun. If you are offended by the lyrics then we can only say sorry. At time of writing the song is number 12 in the charts. It is not our intention to offend anyone & we have done this dance because we love the beat of the track & just done it for fun really, so if you do dance this, thank you & we hope you "strut your stuff" & just have a bit of a laugh with it. It is meant to be a bit tongue in cheek

- Luv T&V
