

X-File

拍数: 32 墙数: 4 级数: Improver
编舞者: Sue Johnstone (UK)
音乐: (Don't Put Me In) The Ex Files (feat. Buck Owens) - The Bellamy Brothers



DIAGONAL ROCKS TO MAKE X SHAPE

- 1-2& Rock on right diagonally forward, recover back onto left, step right next to left
- 3-4 Rock on left diagonally back, recover forward onto right
- 5-6& Rock diagonally forward on left, recover back onto right, step left next to right
- 7-8 Rock diagonally back on right, recover forward onto left

SYNCOPATED WEAVE RIGHT, HIP SWAYS WITH ¼ TURN LEFT

- 9&10& Step right to right, cross left behind right, step right to right, cross left in front
- 11&12 Step right to right, cross left behind right, step right to right side
- 13-14 Sway hips to left, sway hips to right
- 15-16 Turn ¼ left as you sway hips forward, sway hips back over right foot

STOMPS & CLAPS, KICK, SYNCOPATED TOE TOUCHES, ½ TURN LEFT

- &17-18 Step left next to right, stomp right forward, hold with a clap
- &19-20 Step left next to right, stomp right forward, hold with a clap
- 21&22 Kick left forward, step left next to right, point right toe to right side
- &23-24 Step right next to left, point left toe to left side, turn ½ to left stepping left next to right

STOMPS & CLAPS, KICK, SYNCOPATED TOE TOUCHES, ½ TURN LEFT

- 25-26 Stomp right forward, hold with a clap
- &27-28 Step left next to right, stomp right forward, hold with a clap
- 29&30 Kick left forward, step left next to right, point right toe to right side
- &31-32 Step right next to left, point left toe to left side, turn ½ to left stepping left next to right

REPEAT

TAG

When danced to 'Don't Put me in the Ex-Files' add 6 extra rocks on the 7th wall only (from count 12)

- 1-2 Sway hips left, sway hips right
- 3-4 Rock forward onto left foot, recover back onto right foot
- 5-6 Rock back onto left foot, recover forward onto right foot

Then carry on from count 13.