

Wrapt

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Julie Peacock (AUS)
音乐: Wrapped Up In You - Garth Brooks



- 1&2 Rock right to right and back onto left, cross right over left
3&4 ¼ turn right and shuffle back left-right-left
5-6 Rock back onto right, forward on left
7&8 Step forward on right, lock left in behind right and forward right
- 1-2 Full turn forward to the right, stepping left-right
3&4 Shuffle forward left-right-left
5-6 Rock right forward, left back
7&8 Right coaster back
- 1-2 Step back diagonally 45 degrees left, tap right beside left
3-4 Step back diagonally 45 degrees right, tap left beside right
5&6 At 45 degrees back to the left...shuffle left-right-left
7&8 At 45 degrees back to the right (this time face the direction you are going) and shuffle right-left-right
- 1-2 Step forward left, ½ turn right and step on right (you should be facing wall you started with)
3&4 Left coaster back
5&6 Rock right to right, back onto left, cross ball of right foot over left
7-8 Unwind full turn left
- 1-2 Walk forward right-left
&3&4 Right ball jack
5-6 Walk forward left-right
&7&8 Left ball jack
- 1&2 Place right heel out in front, step right back in place and place left heel forward
&3&4 Step onto left, and place right out in front, hook up right in front of left shin & right heel out in front
5-8 Repeat the previous 4 counts using left foot first
- & Step quickly onto left foot
1-2 Rock right forward, back onto left
&3-4 Quickly step right in place, rock left forward & back onto right
&5-6 Step left back in place & right forward, turn ½ turn left, weight on left foot
7&8 Shuffle forward right-left-right
- 1-2 Rock out to left on left, back onto right
3-4 Cross left over right, unwind full turn
5-8 Four hip bumps right-left-right-left

REPEAT

TAG

Halfway through repetition 2, do 2 slow hip bumps right-left, then continue dance as written from there on.
When instrumental starts, just continue dancing.

