

Wrapped Up In Dreams (P)

COPPER KNOB
STEPSHEETS

拍数: 56 墙数: 0 级数: Partner
编舞者: Hazel Parfitt (UK)
音乐: Throw Me Away - Charlie Landsborough



Position: Right Side by Side position

WALK, WALK, TRIPLE STEP, STEP, STEP, TRIPLE TURN

1-2 Left step forward, right step forward

3&4 Left-right-left forward cha-cha-cha

Take right arm over lady's head to finish in Indian Position facing OLOD

5-6 **MAN:** Right foot step $\frac{1}{4}$ turn right, step left

LADY: Lady does a $\frac{3}{4}$ turn to the left stepping - right, left

7&8 **MAN:** Beside right and a triple step right-left-right on the spot, finishing behind lady

LADY: Right-left-right triple step to finish in front of man

Alternative steps:

5-8 Both rock forward on right, back on left, triple $\frac{1}{4}$ to the right right-left-right

CROSS ROCK, REPLACE, $\frac{1}{2}$ TURN TRIPLE, CROSS ROCK, REPLACE, $\frac{1}{4}$ TURN TRIPLE

1-2 Left cross in front of right, and rock onto it, replace weight back onto right

Take right arm over lady's head on next two counts

3&4 Triple $\frac{1}{2}$ turn to the left left-right-left to finish in Reverse Indian Position

5-6 Right cross in front of left, and rock onto it, replace weight back onto left

Take right arm over lady's head to finish in right side by side position

7&8 Triple step $\frac{1}{4}$ turn to the right right-left-right

HEEL FORWARD, TOE BACK, TRIPLE STEP FORWARD TWICE

1-2 Left heel forward, left toe touch back

3&4 Left-right-left forward cha-cha-cha

5-6 Right heel forward, right toe touch back

7&8 Right-left-right forward cha-cha-cha

ROCK FORWARD, ROCK BACK, $\frac{1}{2}$ TURN TRIPLE, STEP PIVOT, TRIPLE STEP

1-2 Rock forward onto left foot, rock back onto right

Raise left arms to execute the next 6 counts

3&4 $\frac{1}{2}$ Turn to the left left-right-left

5-6 Step forward right foot (RLOD) pivot $\frac{1}{2}$ turn to the left transfer weight to left

7&8 Right-left-right forward cha-cha-cha

WALK, WALK, TRIPLE STEP, STEP, STEP, TRIPLE TURN

1-2 Walk forward left, walk forward right

3&4 Left-right-left forward cha-cha-cha

Arm goes over lady's head as she step turns to finish facing man, arms crossed

5-6 **MAN:** Step right, left

LADY: Step forward right, $\frac{1}{2}$ pivot to the left

7&8 **MAN:** Triple step on the spot

LADY: Triple on the spot

STEP, STEP, TRIPLE STEP, STEP, STEP, TRIPLE TURN

Raise right arms, lower left, man goes under raised arms, lady walks around back of man to finish on his right/h side, man finishes in Hammer Lock Position

1-2 **MAN:** Man walks forward left, right to right of lady

LADY: Lady walks left, right around man
3&4 **MAN:** Triple step left-right-left
LADY: Triple left-right-left ½ turn to the left
Let go left hands, man leads lady into a full turn to the left to finish in right side by side
5-6 **MAN:** Man steps right, left
LADY: On the spot lady turns to the left right, left
7&8 **MAN:** Right-left-right triple step on the spot
LADY: Lady right-left-right triple step to complete full turn

STEP, LOCK, CHA-CHA-CHA TWICE

1-2 Left step forward, lock right behind left
3&4 Left forward cha-cha-cha
5-6 Right step forward, lock left behind right
7&8 Right forward cha-cha-cha

REPEAT
