

Wrangler Cha Cha

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner social cha
编舞者: Max Perry (USA)
音乐: Check Yes or No - George Strait



ROCK & SHUFFLE:

1 Rock forward on left foot
2 Step right foot in place
3&4 Shuffle back on left, right, left
5 Rock back on right foot
6 Step left foot in place
7&8 Shuffle forward on right, left, right

TURNS

9-10 Step forward on left; turn ½ turn to the right
11-12 Step forward on left; turn ½ turn to the right
& Hitch right knee

HIP BUMPS:

13 Turn ¼ turn to right (swiveling on left foot) stepping right foot out to right side and bumping hips to the right at the same time
14-16 Bump hips to the left, right, left

ROCK & SHUFFLE:

17-18 Cross right over left; rock back on left
19&20 Side shuffle to the right on right, left, right
21-22 Cross left over right; rock back on right
23&24 Side shuffle to the left on left, right, left

TURN AROUND:

(NOTE: This is a full left turn while dancing a rock step as it is done in "Cruisin")

25 Cross right over left and turn ½ turn to the left on ball of left foot
26 Continue turn stepping left in place to complete full turn
27&28 Side shuffle to the right on right, left, right

WALK & TURN:

29-30 Step forward on left, right
31-32 Step forward on left and turn ½ turn to right lifting right foot slightly off floor; step right foot in place

REPEAT
