Works For Me

拍数: 32

级数: Intermediate

编舞者: Beth Ronfeldt (USA)

音乐: Live Close By, Visit Often - K.T. Oslin

STOMP RIGHT FOOT 3X TURNING ¼ TURN RIGHT; SCUFF LEFT FOOT FORWARD, BRUSH LEFT FOOT BACK; REPEAT ON LEFT

- 1&2 Stomp right foot slightly forward, stomp right foot half-way between 12:00 and 3:00, stomp right foot at 3:00 completing a ¼ turn right
- 3-4 Scuff left foot forward, brush left foot back
- 5&6 Stomp left foot slightly forward, stomp left foot half-way between 3:00 and 12:00, stomp left foot at 12:00 completing a ¼ turn left (now facing original wall)
- 7-8 Scuff right foot forward, brush right foot back

KICK-BALL-CHANGE, TOE STRUT, ½ PIVOT, STEP LEFT ¼ TURN RIGHT, SLIDE

- 1&2 Kick right foot forward, step on right foot, step on left foot
- 3-4 Touch right toe slightly forward, drop right heel down
- 5-6 Step left foot forward, pivot ½ turn right
- 7-8 Pivoting on right foot step left foot ¼ turn right, slide right foot and touch right toe next to left

SYNCOPATED ROCK, STEP, REVERSE ½ PIVOT, SIDE ROCK, CROSS, HIP BUMPS

- 1&2 Rock right foot forward, recover weight onto left foot, step right foot slightly back
- 3-4 Touch left toe back, pivot ½ turn left (weight on left)
- 5&6 Rock right foot to right side, recover weight onto left foot, cross and step right foot over left
- 7-8 Step left foot left into a hip bump, bump hip to right

BACK LOCKING CHA, UNWIND ¼, TURN ¼ AND KICK, LEFT COASTER STEP, SIDE ROCK

- 1&2 Step left foot back, cross and step right foot over left, step left foot back
- 3-4 Unwind a ¼ turn left, pivot ¼ turn left on right foot and kick left foot forward
- 5&6 Step left foot back, step right foot beside left, step left foot forward
- 7-8 Rock right foot to right side, recover weight onto left foot

REPEAT

RESTART

After the third complete rotation, dance the first 16 steps (omitting 17-32 on this rotation only) and then begin the dance again facing the front wall (you can dance this straight through, but the phrasing is better this way)





墙数:4