

Workin' My Way Back

COPPER KNOB
BY STEPHEN BATES

拍数: 32 墙数: 4 级数: Improver west coast swing
编舞者: Rick Bates (USA) & Deborah Bates (USA)
音乐: Working My Way Back to You - The Spinners



SIDE STEP, SYNCOPATED SIDE ROCK STEP, CROSS, SIDE, BEHIND, TURNING SHUFFLE

- 1-2 Step to the right on right foot; slide left foot next to right and step
- 3&4 Step to the right on right foot; rock to the left onto left foot; cross right foot over left and step
- 5-6 Step to the left on left foot; cross right foot behind left and step
- 7&8 Side shuffle to the left (left, right, left) making a $\frac{1}{4}$ turn to the left on these steps

HIP SWAYS, FORWARD SHUFFLE, MILITARY PIVOT TO THE RIGHT, FORWARD SHUFFLE

- 9-10 Step forward on right foot and sway right hip forward; rock back onto left foot and sway left hip back
- 11&12 Shuffle forward (right, left, right)
- 13-14 Step forward on left foot; pivot $\frac{1}{2}$ turn to the right on ball of left foot and shift weight to right foot
- 15&16 Shuffle forward (left, right, left)

CROSS, SIDE STEP, HEEL TAP, TOGETHER, CROSS, SIDE STEP, HEEL TAP, TOGETHER

- 17-18 Cross right foot over left and step; step to the left on left foot
- 19-20 Tap right heel forward and diagonally to the right; step right foot next to left
- 21-22 Cross left foot over right and step; step to the right on right foot
- 23-24 Tap left heel forward and diagonally to the left; step left foot next to right

CROSS, STEP BACK, FORWARD SHUFFLE, ROCK STEP, TURNING SHUFFLE

- 25-26 Cross right foot over left and step; step back on left foot
- 27&28 Shuffle forward (right, left, right)
- 29-30 Step forward on left foot; rock back onto right foot
- 31&32 Shuffle in place (left, right, left) making a $\frac{1}{2}$ turn to the left with these steps

REPEAT
