

Working My Way Back

COPPER **KNOB**
BY STEPHEN BATES

拍数: 48 墙数: 4 级数: Improver
编舞者: Mark Furnell (UK)
音乐: Working My Way Back to You - Frankie Valli & The Four Seasons



3 HEEL SWITCHES & CLAP TWICE, POINT RIGHT TOE BACK, PIVOT ½ TURN TO RIGHT AND HOOK RIGHT OVER LEFT AND SHUFFLE FORWARD RIGHT

- 1&2&3&4 Touch right heel forward, switch and touch left heel forward, switch and touch right heel forward, clap hands twice
5-6-7&8 Point right toe back, pivot ½ turn over right shoulder and hook right over left, shuffle forward right, left, right

ROCK FORWARD LEFT BACK ONTO RIGHT AND SHUFFLE BACK LEFT, WHOLE TURN TO YOUR RIGHT ON THE SPOT STEPPING RIGHT LEFT RIGHT LEFT

- 9-10-11&12 Rock forward onto left, replace weight back onto right, shuffle back left, right, left
13-14-15-16 Step back into ¼ turn right, step left ¼ turn right, step left ¼ turn right, step left ¼ right

SHIMMY TO THE RIGHT ROCK (SWAY) 3 TIMES, SIDE CLOSE TO LEFT ROCK

- 17-18&19-20 Step side right shimmy for count of 2, close left to right & rock side right back onto left
21-22&23-24 Rock side right, back onto left & close right to left, rock side left back onto right

SIDE SHUFFLE ¼ TURN LEFT, STEP PIVOT ½ TURN LEFT, RIGHT KICK BALL STEP, ROCK FORWARD RIGHT

- 25&26-27-28 Side shuffle ¼ turn left, step forward on right, pivot ½ turn left
29&30-31-32 Kick right ball step forward left, rock forward right back left

TRIPLE STEP ½ TURN RIGHT KICK BALL STEP, ROCK FORWARD LEFT, TRIPLE ½ TURN LEFT

- 33&34-35&36 Triple ½ turn right stepping right, left, right, kick left ball step forward right
37-38-39&40 Rock forward left back right, triple ½ turn left stepping left, right, left

TRIPLE ½ TURN LEFT TWICE ROCKING CHAIR FORWARD AND BACK

- 39&40-41&42 Triple ½ turn left stepping right, left, right, triple ½ turn left stepping left, right, left
43-44-45-46 Rock forward right back onto left, rock back onto right forward onto left

REPEAT

TAG

Tags are danced on walls 2,4 &6

SIDE ROCK RIGHT AND SAILOR CROSS, SIDE ROCK LEFT AND SAILOR CROSS & 2 MONTEREY ½ TURNS

- 1-2-3&4 Rock side right back onto left, cross right behind left, step left to side, cross right over left
5-6-7&8 Rock side left back into right, cross left behind right, step right to side. Cross left over right
9-10-11-12 Point right to side, pivot ½ turn right, point left to side and close
13-14-15-16 Repeat steps 9 to 12

RESTART

At the end of wall 7, you should be able do dance the whole dance just missing out the rocking chair