

Work It A Little Bit

拍数: 32 墙数: 4 级数: Intermediate
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音乐: Just a Little - Liberty X



SKATE RIGHT, LEFT, RIGHT SHUFFLE, SKATE LEFT, RIGHT, LEFT SHUFFLE

1-2 Skate diagonal, forward on right, skate diagonal, forward on left
3&4 Step forward on right, step left next to right, step forward on right, (diagonal)
5-6 Skate diagonal, forward on left, skate diagonal, forward on right
7&8 Step forward on left, step right next to left, step forward on left, (diagonal)

STEP FORWARD, ½ RONDE LEFT, BEHIND & CROSS, STEP DRAG, CROSS & SIDE

1-2 Step forward on right, sweep left turning ½ left
3&4 Cross step left behind right, step right to side, cross step left over right
5-6 Step right to side (long step), drag left to right, (weight remains on right)
7&8 Cross left over right, rock back onto right in place, step left to side

RIGHT CROSS, ¼ TURN, ¼ TURN SHUFFLE, CROSS ROCK, SIDE SHUFFLE

1-2 Cross right over left, step back on left turning ¼ right
3&4 Turn ¼ turn right stepping right to side, step left next to right, step right to side
5-6 Cross left over right, rock back onto right in place
7&8 Step left to side, step right next to left, step left to side

CROSS, UNWIND ¾ TURN, HIP BUMPS RIGHT, LEFT, RIGHT, LEFT SAILOR STEP, TOUCH ½ TURN

1-2 Cross right over left, unwind ¾ turn left, (keeping weight on left)
3&4 Bump hips right, left, right, (transferring weight to right)
5&6 Step left foot behind right, step right foot to side, step left foot to side
7-8 Touch right toe back keeping weight on left, turn ½ right slightly hooking right over left

REPEAT
