

The Word

拍数: 40 墙数: 4 级数: Intermediate
编舞者: Chris Hodgson (UK)
音乐: Grease - Frankie Valli



SIDE-TOGETHER, SIDE-ROCK-CROSS, ½ TRIPLE TURN, BRUSH-¼ TURN-CROSS

1-2 Step right to right side, step left next to right
3&4 Step right to right side, rock weight onto left, cross step right over left
5&6 ½ triple turn right stepping on left-right-left
7-8 Brush right forward, ¼ turn left on ball of left stepping right over left

SIDE ROCK, BEHIND-SIDE-CROSS, STEP-TAP, & HEEL & STEP

1-2 Step left to left side, rock weight onto right
3&4 Step left behind right, step right to right side, cross left over right
5-6 Step forward on right, tap left behind right heel
&7 Step back on left, touch right heel forward
&8 Step right next to left, step forward on left

ROCK STEP, & BACK ½ TURN, BRUSH-CROSS, HIP BUMPS

1-2 Step forward on right, rock weight back onto left
&3 Step right next to left, step back on left
4 ½ turn right on ball of left stepping forward on right
5-6 Brush left forward, cross step left over right
7&8 Step right to right side bumping hips right, bump hips left, bump hips right

& CROSS-SIDE, MODIFIED ¾ MONTEREY TURN, SIDE-TOGETHER

&1-2 Step left to left side, cross right over left, step left to left side
3-4 Point right toe to right side, ¾ turn right stepping right next to left
5&6 Step left to left side, rock weight onto right, cross left over right
7-8 Step right to right side, step left next to right

WALK TWICE, CROSS-BACK, & CROSS-POINT, CROSS-UNWIND ¾ TURN

1-2 Walk forward right, walk forward left (with style!)
3-4 Cross step right over left, step back on left
&5-6 Step right next to left, cross step left over right, point right toe to right side
7-8 Cross right over left, unwind ¾ turn left (weight ends on left)

REPEAT

ENDING

After dancing 8 walls, you will be facing home wall, dance the following as the music fades:

1-2 Step forward on right, hold (optional finger clicks)
3-4 Step forward on left, hold (optional finger clicks)
5-8 Cross right over left, unwind full turn left, step right forward, hold & pose