

Woof

拍数: 64 墙数: 2 级数: Improver
编舞者: Noel Bradey (AUS) & Jenny Bounds (AUS)
音乐: Who Let the Dogs Out (Barking Mad Mix) - Baha Men



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SIDE TOUCHES, HEEL SWITCHES, STEP FORWARD, ¼ PIVOT, HIP ROLLS

1&2 Touch right toe to right side, step on right beside left, touch left toe to left side
&3&4 Step on left beside right, touch right heel forward, step right beside left, touch left heel forward
&5-6 Step left beside right, step right forward, pivot turn ¼ turn left (weight on left)
7&8 X quick hip rolls to left (to the left) (end weight left)

SIDE TOUCHES, HEEL SWITCHES, STEP FORWARD, ½ PIVOT, MAMBO

1&2 Touch right toe to right side, step on right beside left, touch left toe to left side
&3&4 Step on left beside right, touch right heel forward, step right beside left, touch left heel forward
&5-6 Step left beside right, step right forward, pivot turn ½ turn left (weight on left)
7&8 Rock/step forward on right, replace weight to left, step right beside left

SCOOT BACK, SCOOT BACK, SHUFFLE BACK, REPEAT

&1&2 Scoot back on right, step back on left, scoot back on left, step back on right
&3&4 Scoot back on right, shuffle back left, right, left
&5&6 Scoot back on left, step back right, scoot back on right, step back on left
&7&8 Scoot back on left, shuffle back right, left, right

SKATE, SKATE, ¼ LOCK SHUFFLE, SKATE, SKATE, ¼ LOCK SHUFFLE

1-2 Skate forward left, skate forward right
3&4 Turning ¼ turn left step forward left, lock/step right behind left, step forward left
5-6 Skate forward right, skate forward left
7&8 Turning ¼ turn right step forward right, lock/step left behind right, step forward right

ROCK FORWARD, REPLACE, BACK COASTER, STEP FORWARD, ½ TURN PIVOT, FORWARD COASTER

1-2 Rock/step forward on left, replace weight to right
3&4 Step back on left, step right beside left, step forward left
5-6 Step forward on right, pivot turn ½ turn left (weight on left)
7&8 Step forward right, step left beside right, step back on right

SIDE, HOLD, TOGETHER, SIDE, REPLACE, BEHIND, SIDE, CROSS, HITCH, ½ TURN

1-2 Step left to left side, hold
&3-4 Step right beside left, step left to left side, replace weight to right
5&6 Cross/step left behind right, step right to right side, cross/step left over right
7-8 Hitch right, turn ½ turn right (on ball of left) to step right to right side

TOGETHER, SIDE, REPLACE, SAILOR, TOUCH OVER ½ UNWIND, TOUCH BEHIND ¾ UNWIND

&1-2 Step on left beside right, step right to right side, replace weight to left
3&4 Cross/step right behind left, step left to left side, step right to right side
5-6 Touch left over right, unwind ½ turn right (weight left)
7-8 Touch right behind left, unwind ¾ turn right (weight right)

ROCK FORWARD, REPLACE, SHUFFLE BACK, ROCK BACK, REPLACE, FULL TURN

- 1-2 Rock forward on left, replace weight to right
- 3&4 Shuffle back left, right, left
- 5-6 Rock/step back on right, replace weight to left
- 7-8 Full turn left traveling forward stepping right, left

REPEAT
