

# Woof

拍数: 64      墙数: 2      级数: Improver  
编舞者: Noel Bradey (AUS) & Jenny Bounds (AUS)  
音乐: Who Let the Dogs Out (Barking Mad Mix) - Baha Men



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## SIDE TOUCHES, HEEL SWITCHES, STEP FORWARD, ¼ PIVOT, HIP ROLLS

1&2      Touch right toe to right side, step on right beside left, touch left toe to left side  
&3&4      Step on left beside right, touch right heel forward, step right beside left, touch left heel forward  
&5-6      Step left beside right, step right forward, pivot turn ¼ turn left (weight on left)  
7&8      X quick hip rolls to left (to the left) (end weight left)

## SIDE TOUCHES, HEEL SWITCHES, STEP FORWARD, ½ PIVOT, MAMBO

1&2      Touch right toe to right side, step on right beside left, touch left toe to left side  
&3&4      Step on left beside right, touch right heel forward, step right beside left, touch left heel forward  
&5-6      Step left beside right, step right forward, pivot turn ½ turn left (weight on left)  
7&8      Rock/step forward on right, replace weight to left, step right beside left

## SCOOT BACK, SCOOT BACK, SHUFFLE BACK, REPEAT

&1&2      Scoot back on right, step back on left, scoot back on left, step back on right  
&3&4      Scoot back on right, shuffle back left, right, left  
&5&6      Scoot back on left, step back right, scoot back on right, step back on left  
&7&8      Scoot back on left, shuffle back right, left, right

## SKATE, SKATE, ¼ LOCK SHUFFLE, SKATE, SKATE, ¼ LOCK SHUFFLE

1-2      Skate forward left, skate forward right  
3&4      Turning ¼ turn left step forward left, lock/step right behind left, step forward left  
5-6      Skate forward right, skate forward left  
7&8      Turning ¼ turn right step forward right, lock/step left behind right, step forward right

## ROCK FORWARD, REPLACE, BACK COASTER, STEP FORWARD, ½ TURN PIVOT, FORWARD COASTER

1-2      Rock/step forward on left, replace weight to right  
3&4      Step back on left, step right beside left, step forward left  
5-6      Step forward on right, pivot turn ½ turn left (weight on left)  
7&8      Step forward right, step left beside right, step back on right

## SIDE, HOLD, TOGETHER, SIDE, REPLACE, BEHIND, SIDE, CROSS, HITCH, ½ TURN

1-2      Step left to left side, hold  
&3-4      Step right beside left, step left to left side, replace weight to right  
5&6      Cross/step left behind right, step right to right side, cross/step left over right  
7-8      Hitch right, turn ½ turn right (on ball of left) to step right to right side

## TOGETHER, SIDE, REPLACE, SAILOR, TOUCH OVER ½ UNWIND, TOUCH BEHIND ¾ UNWIND

&1-2      Step on left beside right, step right to right side, replace weight to left  
3&4      Cross/step right behind left, step left to left side, step right to right side  
5-6      Touch left over right, unwind ½ turn right (weight left)  
7-8      Touch right behind left, unwind ¾ turn right (weight right)

**ROCK FORWARD, REPLACE, SHUFFLE BACK, ROCK BACK, REPLACE, FULL TURN**

- 1-2 Rock forward on left, replace weight to right
- 3&4 Shuffle back left, right, left
- 5-6 Rock/step back on right, replace weight to left
- 7-8 Full turn left traveling forward stepping right, left

**REPEAT**

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