Wooden Heart



编舞者: Pat Stott (UK)

音乐: Wooden Heart - John Dean



Sequence: AA B AAA B AAA B AA (B always starts on "There's No Strings")

SECTION A

VINE RIGHT, SCUFF, CROSS ROCK, RECOVER, CROSS ROCK, RECOVER, SIDE, TAP, VINE LEFT, SCUFF

1-4	Step right to right, cross left behind right, right to right, scuff
5-6	Rock left across and in front of right, recover on right
7-8	Rock left across and in front of right, recover on right
9-12	Step left to left, tap right beside left, step right to right, tap left beside right
13-16	Step left to left, cross right behind left, step left to left, scuff right heel

STEP, SCUFF, STEP, SCUFF, COASTER STEP, HOLD, STEP FORWARD, ½ PIVOT, STEP, HOLD, STEP FORWARD, ¼ PIVOT, STEP, HOLD

17-20	Step forward on right, scutt left heel, step forward on left, scutt right heel
21-24	Step back on right, close left to right, step forward on right, hold
25-28	Step forward on left, pivot ½ to right, step forward on left, hold
29-32	Step forward on right, pivot 1/4 to left, close right to left, hold

FORWARD, ½ PIVOT, FORWARD, ½ TURN AND HITCH, ROCK BACK, RECOVER, SCUFF, HITCH

33-34	Step forward on left, ½ pivot to right (weight now on right)
35	Step forward on left, pivot ½ to right (weight remains on left foot)
36	Hitch right knee
37-40	Rock back on right, recover on left, scuff right heel, hitch right knee

SECTION B

STEP, LOCK, STEP, SCUFF, STEP, LOCK, STEP, SCUFF, STEP, PIVOT, STEP, HOLD, STEP, LOCK, STEP, HOLD

1-4	Step diagonal. Forward on right, lock left behind right, step diagonal. Forward on right, scuff left foot
5-8	Step diagonal. Forward on left, lock right behind left, step diagonal. Forward on left, scuff right foot
9-12	Step forward on right, ½ pivot to left, step forward on right, hold
13-16	Step forward on left, lock right behind left, step forward on left, hold

SIDE, RECOVER, CROSS, HOLD, SIDE, RECOVER, CROSS, HOLD, BACK, HITCH, BACK, HITCH, STOMP, STOMP, HOLD, HOLD

17-20	Rock right to right, recover onto left, cross right over left, hold
21-24	Rock left to left, recover on right, cross left over right, hold
25-28	Step back on right, hitch left knee, step back on left, hitch right knee
29-30	Stomp right, stomp left
31-32	Hold, hold

The finish, to the dance will end on: scuff with the right heel, hold