

The Wong Way Hustle

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate/Advanced
编舞者: Lori Wong (USA)
音乐: You Just Have To Be There - M People



Position: To start, left arm is raised alongside the left ear, right arm is pointing down towards right foot, right foot is slightly forward, weight is on the left foot. Think attitude!

NEW YORK WALK WITH A TEASE

"and forward walk walk knee lift quarter turn"

- & Right foot presses back next to left foot on ball of right foot (this is not a full weight transfer)
- 1-3 Left foot steps forward, right foot steps forward, left foot steps forward
- & Both hands come to just above the right knee, looking slightly to right
- 4 Lift right knee as hands slide up the right thigh, right toe is pointed downward and is alongside of the left calf-think tease!
- 5 Right foot steps forward with a $\frac{1}{4}$ turn right to face 3:00, releasing hands from thigh
- 6 Left foot steps to the left side (feet are about shoulder width apart)

HUSTLE GRAPEVINE

"and cross side behind and cross side behind"

- & Right foot presses back next to left foot on ball of right foot-this is not a full weight transfer!
Gather the hands in front of body
- 1 Left foot crosses in front of right, both arms extended out to each side
- 2 Right foot steps to right side, bringing arms toward center (or up-this is an alternate style)
- 3 Left foot crosses behind right (still traveling right), arms are relaxed and slightly crossed in front of chest (or directly above the head-this is an alternate style)
- &4-5-6 Repeat &1-2-3 sequence above

POINTS

"point cross point behind"

- 1 Point right toe out to right side, arms extended out to each side, attitude-make it sharp!
- 2 Step right foot in front of left, arms gathered in front of chest
- 3 Point left toe out to left side, arms extended out to each side, attitude-make it sharp!
- 4 Step left foot in behind right, arms gathered in front of chest

BASICS ENDING WITH A RIGHT QUARTER TURN

"and forward half left and forward quarter right"

- & Right foot presses back next to left foot on ball of right foot-this is not a full weight transfer!
- 1 Left foot steps forward, left arm is raised, right arm is pointing down towards right foot
- 2 Pivoting to turn $\frac{1}{2}$ to the left on the ball of the left foot, the right foot steps back (traveling toward 3:00), right arm starts to circle up from behind as the left arm swings downward in an arc in opposition to the right arm
- 3 Left foot steps back (still traveling toward 3:00), right arm is descending, left arm is rising
- &4 Repeat the &1, traveling toward 9:00
- 5 Right foot steps forward $\frac{1}{4}$ turn to right, hands coming to neutral at about chest level
- 6 Left foot steps to the left side about shoulder width apart facing 12:00

HUSTLE GRAPEVINE

"and cross side behind"

- & Right foot presses back next to left foot on ball of right foot-this is not a full weight transfer!
Gather the hands in front of body
- 1 Left foot crosses in front of right, both arms extended out to each side
- 2 Right foot steps to right side, bringing arms toward center

- 3 Left foot crosses behind right (still traveling right), arms are relaxed and slightly crossed in front of chest

POINTS

"point cross point"

- 1 Point right toe to right side, arms extended out to each side, attitude-accent the music!
- 2 Step right foot in front of left
- 3 Point left toe to left side, arms extend out to each side, attitude-accent the music!

QUARTER TURN AND POSE!

"back quarter rock pose"

- 1 Step left behind right, hands are neutral in front of chest
- 2 Right foot steps $\frac{1}{4}$ turn to right toward 3:00, left toe stays in place, lifting heel
- 3 Left heel rocks back in place (settle to get ready to pose), right foot remains forward
- 4 Lift right knee, leaving right toe touching the floor, left arm comes up as right points downward. Hit the pose-show some attitude!

REPEAT
