

Women Rule

COPPER KNOB
BY STEPHENETS

拍数: 64 墙数: 2 级数: Intermediate/Advanced
编舞者: Charlie Mifsud (AUS)
音乐: Women Rule the World - Lonestar



HEEL, HOLD, CROSS IN FRONT, STEP TO SIDE, SAILOR, BEHIND AND CROSS

1-2 Touch right heel at 45 degrees, hold
&3-4 Step right back, cross left over right, step right to right side
5&6 Left behind right, right to right side, left to left side (sailor)
7&8 Right behind left, left to left side, cross right over left (12:00)

STEP LEFT, PIVOT HALF, CROSS SHUFFLE, STEP RIGHT, ¼ TURN LEFT, ¾ TURN OVER LEFT

1-2 Step left to left side, pivot half turn over right to take weight on right
3&4 Cross shuffle left-right-left
5-6 Step right to right side, turning ¼ to left step on left (03:00)
7&8 Continuing ¾ turn over left shoulder shuffle right-left-right (06:00)

LARGE STEP LEFT, DRAG RIGHT, BALL CROSS, STEP RIGHT, EXTENDED SHUFFLE, STEP RIGHT

1-2 Large step left to left side, drag right towards left keeping weight on left
&3-4 Step right back, cross left over right, step right to right side
5&6 Step left behind right, right to right side, cross left over right
&7-8 Step right to right side, cross left over right, step right to right taking weight (06:00)

KICK BALL STEP, KICK BALL STEP, ROCK FORWARD AND BACK, HALF SHUFFLE TURN

1&2 Kick left forward, step ball of left beside right, step right forward (kick ball step traveling slightly forward)
3&4 Kick left forward, step ball of left beside right, step right forward (kick ball step traveling slightly forward)
5-6 Rock left forward, replace weight to right
7&8 Traveling shuffle half turn over left (left-right-left) (12:00)

ROCK FORWARD AND BACK, HALF PIVOT SHUFFLE, HALF PIVOT SHUFFLE, ROCK BACK, TOUCH HEEL

1-2 Rock right forward, replace weight to left
3&4 Pivot shuffle half turn over right (right-left-right)
5&6 Continue pivot shuffle half turn over right (left-right-left)
7-8 Rock back on right, touch heel of left forward (12:00)

STEP LEFT, PIVOT HALF, PIVOT HALF, TOUCH HEEL, BALL CROSS, STEP RIGHT, SAILOR

1-2 Step/replace weight to left, pivot half turn over left step back on right
3-4 Pivot half turn over left step forward on left, touch heel of right at 45 degrees
&5-6 Step right back, cross left over right, step right to right side
7&8 Left behind right, right to right side, left to left side (sailor traveling slightly back) (12:00)

SAILOR, HALF PIVOT, HALF PIVOT, LOCK FORWARD

1&2 Right behind left, left to left side, right to right side (sailor traveling slightly back)
3-4 Step left forward, pivot half turn over right step forward right
5-6 Step left forward, pivot half turn over right step forward right
7&8 Lock forward left-right-left (12:00)

MAMBO, SHUFFLE BACK, ONE AND A HALF TURNS OVER RIGHT

1&2 Rock forward onto right, rock back onto left, step back on right (mambo)

3&4 Shuffle back left-right-left
5-8 Turning one and a half turns over right shoulder (right-left-right-left) to face new wall (06:00)

REPEAT

TAG

At end of wall 2 (facing front)

1-8 (Shuffle forward, shuffle back) - shuffle forward right-left-right, rock left forward, rock right back, shuffle back left-right-left, rock right back rock left forward

Restart

At end of wall 5 (facing back)

1-4 (2 Half turns) - step right forward, pivot half over left, step right forward, pivot half over left -

Restart

TO FINISH

Dance to count 54 as normal (pivot to front wall)
