

# Woman To Man

COPPERKNOB  
STEPSHEETS

拍数: 48      墙数: 4      级数: Advanced  
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音乐: Woman to Man - Harriet



## ROCK BACK, ¼ TURN, TURN TO THE LEFT, TURN TO THE RIGHT

1            Hold  
2            Rock back on your left feet  
&            Step on right feet  
3            Step on left feet with a ¼ turn to the left  
4            Step out on right feet, while doing this prepare for the ronde  
5            Make a ronde with your left feet  
6            Cross your left feet behind your right feet  
&            Step out on right feet to the side  
7            Cross your left feet in front of your right feet  
8            Make a ½ turn to the right  
1            With right feet make a ronde

## MAKE A RONDY, WEIGHT CHANGE, MAKE A POSE

2            Put your right feet behind your left feet  
3            Point your left feet to the side  
4            Change your weight to your left feet, while doing this bend to your left knee  
5-8        Slide your right feet slowly next to your left feet, while doing this keep growing  
1            Finish the sliding from previous counts 5 -8

## WALK, WALK, CROSS, TURN RONDE, COASTER STEP

2            Start cross walk with your right feet  
3            Make a cross walk with your left feet  
4            Make a cross walk with your right feet  
5            Cross your left feet in front of right feet  
6            Make a ½ turn to the right, while doing this start the ronde  
7            Make a ronde with your right feet  
8&1        Coaster step starting with your right feet and make a 45° turn to the right

## A QUICK VINE TO THE RIGHT, MAKE A POSE

2            Put your left feet in front  
&            Right feet next to your left feet  
3            Put your left feet behind right feet  
&            Put your right feet to the side  
4            Put your left feet in front of right feet  
&            Put your right feet to the side  
5            Swing your left feet behind your right feet  
6            Hold  
7            Hold  
8            Hold  
&            Start making a body roll with a ¼ to the left  
1            Finish the body roll and finish the turn to the left

## SHUFFLE, MAMBO STEPS, STEP, SCUFF, TURN

2-3        Make shuffle with your right feet  
4            Step out with your left feet

- & Step back on your right feet
- 5 Put your left feet behind your right feet
- 6 Step out on your left feet
- & Step back on your right feet
- 7 Put your left feet behind your right feet
- 8 Step out on your left feet to the front
- 1 Make a scuff with your right feet and start turning a ½ to the left

**BEND THROUGH YOUR KNEES, MAKE A POSE, GET UP AND SLIDE ONE FEET**

- 2 Finish the turn a ½ to the left side
- 3 Put your right feet in front
- 4 Bend through your knees
- 5 Push your body to opposite direction of your legs
- 6 Come on up, start stretching your knees
- 7 Step out on your right feet
- 8-1 Slide your left feet next to your right feet

**REPEAT**

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