

With Left Foot No Problem

COPPER **NOB**
BY STEPHEN B. B. B.

拍数: 48 墙数: 4 级数: Improver
编舞者: Kirsi-Marja Vinberg (FIN)
音乐: No Shoes, No Shirt, No Problems - Kenny Chesney



STEP, TOUCH BACK, TURN ½ LEFT AND SHUFFLE FORWARD, STEP, TOUCH BACK, SHUFFLE FORWARD WITH ½ TURN RIGHT

1-2 Step right forward, touch left toe back
3&4 Turn ¼ left with the right foot and do shuffle step forward: left forward, right together, left forward
5-6 Step right forward, touch left toe back
7&8 Shuffle forward with ½ turn right: step left forward, right together turning ½ right, step left back

ROCK STEP, KICK BALL STEP, STEP, TOUCH, SHUFFLE FORWARD WITH ½ TURN RIGHT

1-2 Rock step back: step right back, left in place
3&4 Kick right forward, step right ball beside left, step left forward
5-6 Step right forward, touch left toe back
7&8 Step left forward turning right, step left together(½ turn right finished), step left back

ROCK STEP, SHUFFLE TO SIDE, ROCK STEP, SHUFFLE FORWARD

1-2 Step right back, left in place
3&4 Step right to right, step left together, step right to right
5-6 Step left back, right in place
7&8 Step left forward, right together, left forward

TURN ¾ LEFT, STEP TO SIDE, TOUCH TO SIDE, STEP TOGETHER, TOUCH TO SIDE WITH SNAPS, COASTER STEP

1-2 Step right forward and turn ½ left, step left forward and turn ¼ left
3-4 Step right to side, touch left toe to side(in place) and snap your fingers
5-6 Step left together, touch right toe to side with snaps
7&8 Step right foot back, left together, step right forward

TOE STRUTS WITH ¼ TURN RIGHT WITH SNAPS, KICK BALL TOUCH TWICE

1-4 Step left toe forward, drop the heel down and snap your fingers, step right toe forward turning ¼ right, drop the heel down with snaps
5&6 Kick left foot forward, weight to the left ball, touch right ball beside left
7&8 Kick right foot forward, weight to the right ball, touch left ball beside right

PIVOT TURN ½ RIGHT, STEP, TOUCH BACK, KICK BALL TOUCH TWICE

1-2 Step left forward, turn ½ right, step right forward
3-4 Step left forward, touch right toe back
5&6 Kick right foot forward, weight to the right ball, touch left ball beside right
7&8 Kick left foot forward, weight to the left ball, touch right ball beside right

REPEAT

RESTART

When the vocalist starts, dance the dance twice. In the 3rd repetition dance the first 24 counts and start again