

# Wings

拍数: 48                      墙数: 4                      级数: Intermediate  
编舞者: Lyndy (USA)  
音乐: If My Heart Had Wings - Faith Hill



Dance starts with the words. Dance ends on count #6

## RIGHT HEEL HOOK PATTERN, HEEL JACKS

1&2&3&4            R heel, R hook, R heel, R hook outside, R heel, R hook, R heel  
&5-6                Step R next to L, L heel, clap  
&7-8                Step L next to R, R heel, clap

## LEFT HEEL HOOK PATTERN, BALL CHANGE WALK, SHUFFLE

&                    Step R next to L  
9&10&11&12        L heel, L hook, L heel, L hook outside, L heel, L hook, L heel  
&13-14             Step L next to R, walk forward on R, clap  
15&16              Shuffle L,R,L

## ROCK ½ TURN, SHUFFLE, ¼ TURN WEAVE, COASTER

17-18              Rock forward on R, return onto L while starting ½ turn to right  
19&20              Complete ½ turn from above and shuffle R,L,R (facing 6 o'clock)  
21-22              Pivoting ¼ turn to right on R foot step L to side, cross behind R (9 o'clock)  
23&24              Coaster step L,R,L (blade body slightly to 10 O'clock)

## SYNCOATED SIDE STEPS, ROCK, COASTER

25-26              R side step, clap (unblade body and face 9 o'clock)  
&27&28             Step L next to R, R side step, step L next to R, R side step  
29-30              Rock forward and to the right on L, return on R (blade body slightly to 10 o'clock)  
31&32              Coaster step L,R,L

## ROCK, 2 STEP TURN (1 ¼), ½ TURNING SHUFFLE, ROCK

Note: At this time, the wall you are addressing is in front of you and slightly to the left (your body should be bladed to 10 o'clock). For counts 35-40, you should travel toward 6 o'clock. When you reach count 40, you should be standing roughly at the same spot you were standing at on count 24, but facing 6 o'clock.

33-34              Rock forward on R, return on L  
35                    Turn ¾ right stepping forward on R (6 o'clock)  
36                    Turn ½ right and step back on L (12 o'clock)  
37&38              Turn ¼ right step R to right side, step L next to R, turn ¼ right and step forward R (6 o'clock)  
39-40              Rock forward on L, return on R

## COASTER, ½ PIVOT TURN, ¼ PIVOT TURN, STEP R L - FEET TOGETHER

41&42              Coaster step L,R,L  
43-44              Step forward on R, turn ½ left transferring weight onto L (12)  
45-46              Step forward on R, turn ¼ left transferring weight onto L (9)  
&47-48             Stomp R next to L, stomp L next to R, stamp R next to L  
(keeping weight on L foot & facing 9 o'clock )

Last site update – 2 June 2019