

# Wings

COPPER KNOB  
STEPSHEETS

拍数: 48      墙数: 4      级数: Intermediate  
编舞者: Kathy Forrest (UK)  
音乐: If My Heart Had Wings - Faith Hill



## PIVOT ½ TURN RIGHT, STEP BACK LEFT, RIGHT, TOUCH, SIDE SHUFFLE, ROCK RECOVER

- 1-4            Step forward on right, pivot ½ turn to right on ball of right foot, step back on left, step back on right, touch left beside right  
5&6           Step left to left side, close right beside left, step left to left side  
7-8            Rock back on right, recover weight on left

## NEXT 8 COUNTS

- 1-8            Repeat 1-8 above

## TOUCH QUARTER TURN, SHUFFLE BACK, ROCK RECOVER, SHUFFLE FORWARD

- 1-2            Touch right toes out to right side, pivot on ball of left foot to turn ¼ right while bringing right foot in to touch beside left  
3&4            Step back right, close left beside right, step back right  
5-6            Rock back on left, recover weight on right  
7&8            Step forward on left, close right beside left, step forward on left

## SIDE TOUCH, KICK AND TOUCH, CROSS UNWIND ½ TURN, SIDE TOUCH

- 1-2            Step right to right side, touch left beside right  
3&4            Kick left forward, step left beside right, touch right to right side  
5-6            Cross right over left, unwind ½ turn (weight on right foot)  
7-8            Step left to left side, touch right beside left

## HIP BUMPS RIGHT AND LEFT, CROSS, STEP BACK, ½ TURN AND STEP

- 1&2            Step forward right, bump hips forward right, back left, forward right  
3&4            Step forward left, bump hips forward left, back right, forward left (weight on left foot)  
5-6            Cross right over left, step back left  
7-8            ½ turn right stepping forward right, step forward left

## KICK BALL CHANGE, STEP TOUCH, KICK BALL CHANGE, STEP TOUCH

- 1&2            Kick right forward, step on ball of right foot, step left beside right  
3-4            Step slightly forward on right, touch left beside right  
5&6            Kick left forward, step on ball of left foot, step right beside left  
7-8            Step slightly forward on left, touch right beside left

## REPEAT

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