

Wings

拍数: 32 墙数: 4 级数: Improver
编舞者: Tim German (USA)
音乐: If My Heart Had Wings - Faith Hill



WALK, WALK, SHUFFLE STEP, ROCK-STEP, LOCK STEP BACK

1-2 Step right, step left
3&4 Step forward right, step left next to right, step forward right
5-6 Rock forward on left, back on right
7&8 Step back left, right behind left, step back left

ROCK-STEP BACK, ROLLING GRAPEVINE ¼ RIGHT, PIVOT ½ RIGHT, ¼ LEFT

1-2 Rock back right, replace weight on left
3-4 Step right to the right, left next to right
5-6 Step right ¼ turn right, step forward left
7-8 Pivot right ½ stepping forward right, step side left ¼ right

SAILOR ¼ RIGHT, ROCK FORWARD, LEFT COASTER STEP, ROCK FORWARD

1&2 Step back right ¼ right, touch back left, step forward right
3-4 Rock forward left, shift weight back to right
5&6 Step back left, place right next to left, step forward left
7-8 Rock forward right, shift weight back to left

RIGHT COASTER STEP, LEFT KICK-BALL CHANGE, STEP, PIVOT ½, SHUFFLE

1&2 Step back right, place left next to right, step forward right
3&4 Kick left, step right in place, shift weight to left
5-6 Step forward left, pivot ½ turning right
7&8 Step forward left, place right next to left, step forward left

REPEAT
