

Wings

拍数: 32 墙数: 0 级数:
编舞者: Sharon Dalton (UK)
音乐: Wings - Kane & Co.



TURN / HOLD / TRIPLE ¾ TURN

- 1 Step forward right, pivot left on left foot turning ¼ turn left. Spread arms wide (facing 09:00; head facing 12:00) weight on right
- 2 Step onto left (more a transfer of weight than a step)
- 3&4 Step right, left, right in place turning ¾ to left (now facing 12:00)

WALK / WALK / LEFT SHUFFLE

- 5-6 Walk forward left, right
- 7&8 Walk left, right, left (forward shuffle)

RIGHT VINE WITH SPIN

- 9-11 Step right to right side, left behind right, right to right side
- 12 Pivot full turn on ball of right foot while touching left next to right

LEFT VINE WITH SPIN

- 13-15 Step left to left side, right behind left, left to left side
- 16 Pivot full turn on ball of left foot while touching right next to left

SPRING / STEP / TRIPLE

- 17 Spring onto right foot, kick left in front at 45 angle
- 18 Step left in place
- 19&20 Step right, left, right in place

SPRING / STEP / TRIPLE

- 21 Spring onto left foot, kick right in front at 45 angle
- 22 Step right in place
- 23&24 Step left, right, left in place

STEP BACK / ½ TURN / FORWARD / ¾ TURN

- 25 Step back on right
- 26 Pivot on both feet ½ turn to right
- 27 Step forward left (across and close to right)
- 28 Pivot on both feet ¾ turn to right

STEP / SLIDE / STEP / SLIDE / STEP

- 29-30 Step forward left, slide right
- 31&32 Step forward left, slide right, step forward left

REPEAT