The Windward Waltz

拍数: 48

级数: waltz line/contra dance

编舞者: Robbie Halvorson (USA)

音乐: Any Moderate Waltz

When dancing in contra, form two lines facing each other

BALANCE STEPS FORWARD ON DIAGONAL LEFT & RIGHT

- 1-3 Step left over right on diagonal, step right beside left, step left in place (1st base)
- 4-6 Step right over left on diagonal, step left beside right, step right in place (2nd base)

These steps are meant to be traveling forward at a 45-degree angle

BALANCE STEPS BACKWARD ON DIAGONAL LEFT & RIGHT

- 7-9 Step left back on diagonal, close right beside left, step left in place (3rd base)
- 10-12 Step right back on diagonal, close left beside right, step right in place (home base)

These steps are meant to be traveling backwards at a 45-degree angle

Above 12 counts make a diamond shape

STEP FORWARD LEFT, POINT, HOLD, STEP FORWARD RIGHT, ½ TURN RIGHT

- 13-15 Step left forward, point right toe to right side, hold
- 16-18 Step right forward, make a ½ turn right stepping left, right

STEP FORWARD LEFT, POINT, HOLD, STEP FORWARD RIGHT, ½ TURN RIGHT

- 19-21 Repeat steps 13-15
- 22-24 Repeat steps 16-18

TWINKLE LEFT & RIGHT

- 25-27 Cross step left over right, step right beside left, step left in place
- 28-30 Cross step right over left, step left beside right, step right in place

WALTZ FORWARD WITH 1/2 TURN LEFT

- 31-33 Step left forward, (begin ½ turn left) step right across left, step left together (finish turn)
- 34-36 Step right back, step together left, step right together

FULL - CIRCLE WALTZING FULL TURN LEFT

- 37-39 Making a ¼ turn left, waltz forward left, right, left (3rd base)
- 40-42 Making a ¼ turn left, waltz backward right, left, right (2nd base)
- 43-45 Repeat steps 37-39 (1st base)
- 46-48 Repeat steps 40-42 (home base)

REPEAT





墙数:2