

The Windward Waltz

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 2 级数: waltz line/contra dance
编舞者: Robbie Halvorson (USA)
音乐: Any Moderate Waltz



When dancing in contra, form two lines facing each other

BALANCE STEPS FORWARD ON DIAGONAL LEFT & RIGHT

1-3 Step left over right on diagonal, step right beside left, step left in place (1st base)
4-6 Step right over left on diagonal, step left beside right, step right in place (2nd base)

These steps are meant to be traveling forward at a 45-degree angle

BALANCE STEPS BACKWARD ON DIAGONAL LEFT & RIGHT

7-9 Step left back on diagonal, close right beside left, step left in place (3rd base)
10-12 Step right back on diagonal, close left beside right, step right in place (home base)

These steps are meant to be traveling backwards at a 45-degree angle

Above 12 counts make a diamond shape

STEP FORWARD LEFT, POINT, HOLD, STEP FORWARD RIGHT, ½ TURN RIGHT

13-15 Step left forward, point right toe to right side, hold
16-18 Step right forward, make a ½ turn right stepping left, right

STEP FORWARD LEFT, POINT, HOLD, STEP FORWARD RIGHT, ½ TURN RIGHT

19-21 Repeat steps 13-15
22-24 Repeat steps 16-18

TWINKLE LEFT & RIGHT

25-27 Cross step left over right, step right beside left, step left in place
28-30 Cross step right over left, step left beside right, step right in place

WALTZ FORWARD WITH ½ TURN LEFT

31-33 Step left forward, (begin ½ turn left) step right across left, step left together (finish turn)
34-36 Step right back, step together left, step right together

FULL - CIRCLE WALTZING FULL TURN LEFT

37-39 Making a ¼ turn left, waltz forward left, right, left (3rd base)
40-42 Making a ¼ turn left, waltz backward right, left, right (2nd base)
43-45 Repeat steps 37-39 (1st base)
46-48 Repeat steps 40-42 (home base)

REPEAT