

Windstar (P)

COPPERKNOB
STEPSHEETS

拍数: 64 墙数: 0 级数: Partner
编舞者: Rick Bates (USA) & Deborah Bates (USA)
音乐: One Heartache at a Time - Brooks & Dunn



Position: Sweetheart Position

FORWARD SHUFFLES, ROCK STEP

1&2 Shuffle forward (left, right, left)
3&4 Shuffle forward (right, left, right)
5&6 Shuffle forward (left, right, left)
7-8 Rock step forward on right foot; rock back onto left foot

SHUFFLE TURN, ROCK STEP, SHUFFLE TURN, FORWARD SHUFFLE

9&10 Pivot ½ turn to the right on ball of left foot and shuffle forward (right, left, right)
11-12 Rock step forward on left foot; rock back onto right foot
13&14 Pivot ½ turn to the left on ball of right foot and shuffle forward (left, right, left)
15&16 Shuffle forward (right, left, right)

Drop left hands

MAN - FORWARD WALK : LADY - FORWARD 1 ½ TRAVELING TURN

17 **MAN:** Step forward on left foot; raising hand up as lady turns
 LADY: Step forward on left foot and pivot ½ turn to the right
18 **MAN:** Step forward on right foot
 LADY: Pivot ½ turn to the right on ball of left foot and step forward on right foot
19 **MAN:** Step forward on left foot
 LADY: Pivot ½ turn to the right on ball of right foot and step back on left foot
20 **MAN:** Touch right foot next to left
 LADY: Touch right foot next to left

Right and Left Rolling Vines

Release right hands as you begin vine

21-22 Step ¼ turn to right on right foot; step ¼ turn to right on left foot
23-24 Step ½ turn to right on right foot; touch left foot next to right (grab left hands as you complete vine)
25-26 (Release left hands as you begin vine) step ¼ turn to left on left foot; step ¼ turn to left on right foot
27-28 Step ½ turn to left on left foot; touch right next to left (grab right hands as you complete vine)

STEP, KICK, STEP-BALL-CHANGES

29-30 Step forward on right; kick left foot forward
31&32 Step back on left foot; step weight on ball of right foot, change weight to left foot
33-34 Step forward on right; kick left foot forward
35&36 Step back on left foot; step weight on ball of right foot, change weight to left foot

SHUFFLE, STEP, TURN

37&38 **MAN:** Shuffle forward (right, left, right)
 LADY: Shuffle back (right, left, right)
39 **MAN:** Step forward on left foot
 LADY: Turn ½ turn left on ball of right foot, stepping forward on left foot
40 **MAN:** Touch right foot next to left
 LADY: Touch right foot next to left

Ending back in side-by-side position

FORWARD SHUFFLE, STEP, TOUCH, JAZZ SQUARE

- 41&42 Shuffle forward (right, left, right)
43-44 Step forward on left foot; touch right foot next to left
45-46 Cross step right foot over left; step back on left foot
47-48 Step to right on right; touch left foot next to right

KICK-BALL-CHANGE, STEP, PIVOT, JAZZ SQUARE

- 49&50 Kick left foot forward; step next to right on ball of left foot; change weight to right foot
51-52 Step slightly forward on left foot; pivot $\frac{1}{2}$ turn to the right on ball of left foot and shift weight to right foot
53-54 Cross step left foot over right; step back on right foot
55-56 Step to the left on left foot; touch right foot next to left

KICK-BALL-CHANGE, PIVOT, WALK FORWARD WITH A TOUCH

- 57&58 Kick right foot forward; step next to left on ball of right, change weight to left foot
59-60 Step slightly forward on right; pivot $\frac{1}{2}$ turn to the left on ball of right foot and shift weight to left foot
- 61 **MAN:** Step forward on right foot
LADY: Step forward on right foot turning $\frac{1}{4}$ turn to left on ball of left
- 62 **MAN:** Step forward on left foot
LADY: Turn $\frac{1}{2}$ turn left on ball of right foot, stepping to the left on left foot
- 63 **MAN:** Step forward on right foot
LADY: Turn $\frac{1}{4}$ turn left on ball of left foot, stepping forward on right foot
- 64 **MAN:** Touch left foot next to right
LADY: Touch left foot next to right

REPEAT
