

# Windstar (P)

**COPPER KNOB**  
STEPSHEETS

拍数: 64      墙数: 0      级数: Partner  
编舞者: Rick Bates (USA) & Deborah Bates (USA)  
音乐: One Heartache at a Time - Brooks & Dunn



**Position: Sweetheart Position**

## FORWARD SHUFFLES, ROCK STEP

1&2      Shuffle forward (left, right, left)  
3&4      Shuffle forward (right, left, right)  
5&6      Shuffle forward (left, right, left)  
7-8      Rock step forward on right foot; rock back onto left foot

## SHUFFLE TURN, ROCK STEP, SHUFFLE TURN, FORWARD SHUFFLE

9&10      Pivot ½ turn to the right on ball of left foot and shuffle forward (right, left, right)  
11-12      Rock step forward on left foot; rock back onto right foot  
13&14      Pivot ½ turn to the left on ball of right foot and shuffle forward (left, right, left)  
15&16      Shuffle forward (right, left, right)

**Drop left hands**

## MAN - FORWARD WALK : LADY - FORWARD 1 ½ TRAVELING TURN

17      **MAN:** Step forward on left foot; raising hand up as lady turns  
         **LADY:** Step forward on left foot and pivot ½ turn to the right  
18      **MAN:** Step forward on right foot  
         **LADY:** Pivot ½ turn to the right on ball of left foot and step forward on right foot  
19      **MAN:** Step forward on left foot  
         **LADY:** Pivot ½ turn to the right on ball of right foot and step back on left foot  
20      **MAN:** Touch right foot next to left  
         **LADY:** Touch right foot next to left

## Right and Left Rolling Vines

**Release right hands as you begin vine**

21-22      Step ¼ turn to right on right foot; step ¼ turn to right on left foot  
23-24      Step ½ turn to right on right foot; touch left foot next to right (grab left hands as you complete vine)  
25-26      (Release left hands as you begin vine) step ¼ turn to left on left foot; step ¼ turn to left on right foot  
27-28      Step ½ turn to left on left foot; touch right next to left (grab right hands as you complete vine)

## STEP, KICK, STEP-BALL-CHANGES

29-30      Step forward on right; kick left foot forward  
31&32      Step back on left foot; step weight on ball of right foot, change weight to left foot  
33-34      Step forward on right; kick left foot forward  
35&36      Step back on left foot; step weight on ball of right foot, change weight to left foot

## SHUFFLE, STEP, TURN

37&38      **MAN:** Shuffle forward (right, left, right)  
         **LADY:** Shuffle back (right, left, right)  
39      **MAN:** Step forward on left foot  
         **LADY:** Turn ½ turn left on ball of right foot, stepping forward on left foot  
40      **MAN:** Touch right foot next to left  
         **LADY:** Touch right foot next to left

## Ending back in side-by-side position

### FORWARD SHUFFLE, STEP, TOUCH, JAZZ SQUARE

- 41&42 Shuffle forward (right, left, right)  
43-44 Step forward on left foot; touch right foot next to left  
45-46 Cross step right foot over left; step back on left foot  
47-48 Step to right on right; touch left foot next to right

### KICK-BALL-CHANGE, STEP, PIVOT, JAZZ SQUARE

- 49&50 Kick left foot forward; step next to right on ball of left foot; change weight to right foot  
51-52 Step slightly forward on left foot; pivot  $\frac{1}{2}$  turn to the right on ball of left foot and shift weight to right foot  
53-54 Cross step left foot over right; step back on right foot  
55-56 Step to the left on left foot; touch right foot next to left

### KICK-BALL-CHANGE, PIVOT, WALK FORWARD WITH A TOUCH

- 57&58 Kick right foot forward; step next to left on ball of right, change weight to left foot  
59-60 Step slightly forward on right; pivot  $\frac{1}{2}$  turn to the left on ball of right foot and shift weight to left foot
- 61 **MAN:** Step forward on right foot  
**LADY:** Step forward on right foot turning  $\frac{1}{4}$  turn to left on ball of left
- 62 **MAN:** Step forward on left foot  
**LADY:** Turn  $\frac{1}{2}$  turn left on ball of right foot, stepping to the left on left foot
- 63 **MAN:** Step forward on right foot  
**LADY:** Turn  $\frac{1}{4}$  turn left on ball of left foot, stepping forward on right foot
- 64 **MAN:** Touch left foot next to right  
**LADY:** Touch left foot next to right

## REPEAT

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