

# Windmill Forever Turn

拍数: 72                      墙数: 2                      级数: Intermediate  
编舞者: Lady Lace (UK)  
音乐: Feel Good Inc. - Gorillaz



## ROCK BACK KICK & CROSS SHUFFLE, ROCK BACK KICK & ¼ TURN, CROSS SHUFFLE

1-2                      Rock back on right kicking left diagonally left, step left in place  
3&4                      Cross step right over left, step left to side, cross step right over left  
5-6                      Rock back on left kicking right diagonally, step right in place turning ¼ right  
7&8                      Cross step left over right, step right to side, cross step left over right

## SIDE, TOGETHER, SIDE SHUFFLE, ROCK ACROSS, 1 ¼ TRIPLE TURN LEFT

1-2                      Step right to right side, step left beside right  
3&4                      Step right to side, close left to right, step right to side  
5-6                      Rock left across right, recover onto right  
7&8                      Step left forward ¼ turn left, step right back ½ turn left, step left forward ½ turn left

## TOE SWITCHES, HEEL & BACK TOUCH, KICK BALL CHANGE, 2 WALKS FORWARD

1&2                      Touch right toe to right side, step in place, touch left toe to left side  
&3                      Step left in place, touch right heel forward  
&4                      Step right in place, touch ball of left back  
5&6                      Kick left forward, step in place, step right in place  
7-8                      Step forward left, step forward right

## FORWARD & BACK ROCK, STEP PIVOT ½ TURN, 2 STEP FULL TURN

1-2                      Rock forward left, recover onto right  
3-4                      Rock back left, recover onto right  
5-6                      Step forward left, pivot ½ turn right weight ends on right  
7-8                      Step left back turning ½ right, step right forward turning ½ right

## CROSS, SIDE, BOUNCE, KICK, SIDE, CROSS, SIDE BOUNCE, KICK

1-2                      Cross step left over right, step right to right side  
3-4                      Bend knees, straighten up as you kick out to left side  
**Option: push hands left**  
5-6                      Step left to left side, cross step right over left  
7-8                      Step left to left side bend knees, straighten up as you kick out to right side

**Option: push hands right**

## ¼ TURN 2 TOE STRUTS, FORWARD ROCK, RIGHT COASTER

1-2                      Making ¼ turn right touch right forward, step heel down (click fingers right)  
3-4                      Touch left forward, step heel down (click fingers left)  
5-6                      Rock right forward, recover onto left  
7&8                      Step right back, step left beside right, step right forward

## SIDE ROCK, TRIPLE ¾ TURN LEFT, SIDE ROCK, CROSS SHUFFLE

1-2                      Rock left to left side, recover onto right  
3&4                      Step left forward making ½ turn left, close right to left, step left ¼ turn left  
5-6                      Rock right to right side, recover onto left  
7&8                      Cross step right over left, step left to left side, cross step right over left

## GRAPEVINE ¼ TURN LEFT WITH A SCUFF, FORWARD & BACK ROCKS

1-2                      Step left to left side, step right behind left

- 3-4 Making  $\frac{1}{4}$  turn left step left forward, scuff right forward beside left  
5-6 Rock right forward, recover onto left  
7-8 Rock right back, recover onto left

**SIDE ROCK, TRIPLE  $\frac{3}{4}$  TURN RIGHT, FORWARD ROCK, LEFT COASTER**

- 1-2 Rock right to right side, recover onto left  
3&4 Step right  $\frac{1}{2}$  turn right, close left to right, step right  $\frac{1}{4}$  turn right  
5-6 Rock left forward, recover onto right  
7&8 Step left back, step right beside left, step left forward

**REPEAT**

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