

Wind Ya Body

COPPER KNOB
STEPSHEETS

拍数: 38 墙数: 4 级数: Intermediate
编舞者: Mike Kokolay
音乐: Boom Shack-A-Lack - Apache Indian



STEP ¼ TURNS WITH HIP CIRCLES X4

1-2 Step forward right, circle hips to the left making ¼ turn left
3-4 Step forward right, circle hips to the left making ¼ turn left
5-6 Step forward right, circle hips to the left making ¼ turn left
7-8 Step forward right, circle hips to the left making ¼ turn left

SYNCOPATED STEPS OUT & IN WITH SHUFFLES FORWARD RIGHT & LEFT

&9 Step right out to right side, step left out to left side
&10 Step right into center, step left into center
11&12 Step forward right, close left beside right, step forward right
&13 Step left out to left side, step right out to right side
&14 Step left into center, step right into center
15&16 Step forward left, close right beside left, step forward left

ROCK STEP, 3 X ½ TURNS RIGHT INTO RIGHT SHUFFLE FORWARD

17-18 Rock forward on right, rock back onto left
19 On ball of left make ½ turn right - stepping forward right
20 On ball of left make ½ turn right - stepping forward left
21 On ball of left make ½ turn right - stepping forward right
&22 Close left beside right, step forward right

TOE POINTS & CROSSES, KICK BALL CROSS, UNWIND FULL TURN LEFT

23-24 Point left toe to left side, cross step left over right
25-26 Point right toe to right side, cross step right over left
27&28 Kick left to left diagonal, step left beside right, cross right over left
29-30 Unwind full turn left over 2 counts

FORWARD & BACK ROCKS, ¼ TURN, KICK BALL CHANGE, STOMP, CLAP

31& Rock forward on right, rock back onto left
32& Rock back on right, rock forward onto left
33-34 Step forward right, pivot ¼ turn left
35&36 Kick right forward, step right beside left, step left in place
37-38 Stomp right beside left (no weight), clap hands

REPEAT
