

The Will To Survive

拍数: 40 墙数: 2 级数:
编舞者: Tracie Lee (AUS)
音乐: I'm a Survivor - Reba McEntire



- 1&2 Step right forward to right diagonal, lock left behind right, step right forward to right diagonal (lock shuffle)
3&4 Step left forward to left diagonal, lock right behind left, step left forward to left diagonal (lock shuffle)
5&6 Step right forward to right diagonal, lock left behind right, step right forward to right diagonal (lock shuffle)
7&8 Step left forward to left diagonal, lock right behind left, step left forward to left diagonal (lock shuffle)
- 1&2 Rock forward on right, replace weight to left, step back on right
3-4 Step ball of left behind right, unwind $\frac{3}{4}$ turn to left taking weight to left
5-6 Rock forward on right, rock back on left
7-8 Turn $\frac{1}{2}$ turn right & step right forward, turn $\frac{1}{4}$ turn right & step left beside right
& Turn $\frac{1}{2}$ turn right on left foot
- 1&2 Shuffle to right side right-left-right
&3-4 Step ball of left back, step right across over left, unwind $\frac{1}{2}$ turn to left taking weight to right
5&6 Step left behind right, step right to right side, step left across over right
&7-8 Step right to right side, step left behind right, point right toe to right side
- 1&2 Step right across left, step left to left side, step right across left (cross shuffle)
& Turn $\frac{1}{2}$ turn left on right foot
3&4 Step left across right, step right to right side, step left across right (cross shuffle)
5&6 Point right toe to right side, turn $\frac{1}{4}$ turn right & step right beside left, point left toe to left side
&7-8 Step left beside right, point right toe to right side, turn $\frac{1}{2}$ turn right & step right beside left
- 1&2 Shuffle forward left-right-left
3&4 Step right to right side, turn $\frac{1}{4}$ turn left taking weight to left foot, step forward on right
5&6 Step left forward, pivot $\frac{1}{2}$ turn right taking weight to right, rock forward on left
7-8 Rock back on right, swinging left foot around turn $\frac{1}{2}$ turn left & step left forward

REPEAT

TAG

Each time you finish the sequence facing the front wall, add the following:

- 1&2 Rock forward on right, rock back on left, step back on right
3&4 Rock back on left, rock forward on right, step left forward
5&6 Rock right to right side, replace weight to left, step right across left
7-8 Rock left to left side, replace weight to right, step left across right