

拍数: 40 墙数: 2 级数: Intermediate

编舞者: Nadia Friel (AUS)

音乐: The Wild One - Sovereign



#### SIDE, DRAG STEP, ROCK, FORWARD, PIVOT, FORWARD, BACK, ½ TURN, ½ TURN, BACK

1-2&3-4 Step left to left side, drag/step right behind left, rock forward on left, step right forward, pivot

½ left

5-6&7-8 Rock/step right forward, rock back on left, turn ½ right and step right forward, turn ½ right and

step left back, step right back

# SIDE, SIDE, CROSS SHUFFLE, 1/4 TURN, HEEL, BRUSH, SCUFF, 1/4 TURN, HEEL, BRUSH, SCUFF

1-2-3&4 Rock/step left to left side, rock weight to right side, cross shuffle left over right stepping left-

right-left

& Turn ¼ left and step on right

5&6 Tap left heel forward (facing 3:00), brush up left heel to right shin, scuff/replace left heel

forward

& Turn ¼ right and step left beside right

7&8 Tap right heel forward (facing 6:00), brush right heel up to left shin, scuff/replace right heel

forward

# STEP, SHUFFLE FORWARD, ½ TURN, ½ TURN, SWAY, SWAY, CROSS UNWIND ¾

&1&2 Step right beside left, shuffle left forward stepping left-right-left

3-4 Turn ½ left and step right back, turn another ½ left and step left forward

5-6 Sway hips right, left

7-8 Cross right in front of left, unwind ¾ left (weight on left)

#### SIDE, CROSS, UNWIND 1/2 RIGHT, BEHIND, CROSS, TAP, BEHIND, SIDE, CROSS, 1/4 TURN 1/4 TURN

&1-2 Step right to right side, cross left in front of right, unwind ½ right (weight on balls of both feet)

Step right behind left, step left across in front of right, tap right out to right side
Step right behind left, step left to left side, step right across in front of left
Turn ¼ right and step left back, turn ¼ right and step right to right side

# ROCK ACROSS, ROCK BACK, SIDE, ROCK ACROSS, ROCK BACK, TOGETHER, FORWARD, TAP, BACK, FORWARD, TOGETHER

1-2& Rock/step left across right, rock back on right, step left to left side

3-4 Rock/step right across left, rock back on left

&5-6 Step right beside left, step left forward, tap right beside left &7-8 Step right slightly back, step left forward, step right beside left

#### **REPEAT**

#### **TAG**

# On wall 6 after right heel, brush, heel scuff (facing 3:00)

&1-2-3-4 Step right to right side, sway/step left to left, sway right, sway left, sway right

Then restart dance from beginning

# **FINISH**

# You are facing the back after the right brush, heel scuff

&1-2 Step down onto right foot, step left forward, pivot ½ right ending weight on right