

Wiggles

拍数: 48 墙数: 4 级数: Advanced
编舞者: Taylor Casey (USA)
音乐: 40 Days and 40 Nights - Tim McGraw



HIP ROTATION, SHUFFLE RIGHT, ROCK STEP, SHUFFLE LEFT

1-2 Rotate hips right, then left
3&4 Shuffle side right & left, right
5-6 Rock back on left slightly behind right, forward on right
7&8 Shuffle side left & right, left

ROCK STEP, STEP LOCK, STEP RIGHT, STEP LEFT, HEEL SWIVELS WITH 1/8 TURN

1-2 Rock back on right slightly behind left, forward on left
3-4 Step forward on right, lock left behind right
5-6 Step forward on right, step left next to right
7-8 Swivel heels left & right, left (1/8 turn right to face 1:30-2:00)

1/8 TURN RIGHT, SCUFF, 1/4 TURN LEFT, SCUFF, 1/4 TURN RIGHT, STEP LEFT, HIP ROTATION

1-2 Step right 1/8 turn right (facing 3:00), scuff left
3-4 Step left 1/4 turn left (12:00), scuff right
5-6 Step right 1/4 turn right (3:00), step left next to right
7-8 Rotate hips right, then left

STEP RIGHT, LEFT, TOUCH RIGHT, BACK RIGHT, COASTER STEPS

1-2 Step forward on right, step forward on left
3-4 Touch right behind left, step back on right
5&6 Step back on left, step back on right next to left, step forward on left
7&8 Step forward on right, step forward on left next to right, step back on right

STEP BACK LEFT, RIGHT, TOUCH LEFT, FORWARD LEFT, COASTER STEPS

1-2 Step back on left, step back on right
3-4 Touch left next to right, step forward on left
5&6 Step forward on right, step forward on left next to right, step back on right
7&8 Step back on left, step back on right next to left, step forward on left

CROSS HOLDS, STOMPS, HIP ROTATION

1-2 Cross right over left, hold
3-4 Cross left over right, hold
5-6 Stomp forward on right, stomp left next to right
7-8 Rotate hips right, then left

REPEAT
