

Whoops Slipped

拍数: 64 墙数: 4 级数: Improver west coast swing
编舞者: Sebastiaan Holtland (NL)
音乐: I Slipped and Fell In Love - Alan Jackson



KICK AND KICK FORWARD PRESS HOLD KNEE POP 2X AND SLIDE ¼ HOLD

1&2& Right foot kick forward, right foot step forward, left foot kick forward, left foot step forward
3-4 Left foot press on toe, hold
5&6& Left foot switch your heel out, left foot switch your toe in (twice)
7-8 Left foot step to the left side with ¼ turn left, left foot drag (weight on left foot)

SAILOR STEP ¼ SAILOR STEP CROSS, HOLD ¾ TURN SWEEP HOLD

1&2 Left foot cross behind right foot, right foot step to the right side, left foot step to the left side (weight on left)
3&4 Right foot cross behind left foot, left foot step to the left side with ¼ turn right, right foot step to the right side (weight on right)
5-6 Left foot across right foot in six position, hold
7-8 Begin a ¾ turn right and sweep your right leg over the ground, hold

SAILOR CROSS ½ TURN HOLD, CROSS ½ TURN STEP HOLD

1&2 Right foot cross behind left foot, left foot step to the left, right foot across left foot in six position
3-4 ½ turn left, hold (weight on both feet, left foot across right foot in six position)
5&6 ½ turn right (weight on right foot), hold
7-8 Left foot step forward, hold (weight on left foot)

½ JUMP OUT OUT HOLD AND TOUCH HOLD, HOLD HALF BODY ROLL CROSS FULL TURN

&1-2 Right foot & left foot ¼ small jump forward out out, hold
&3-4 Right foot close next to left foot, left foot point to the left side, hold (weight on right)
5-6 Side body roll, hold (weight back on left foot)
&7-8 Right foot across left foot in 6 position, do a full turn left over 2 counts (weight on both feet)

KICK AND KICK FORWARD ROCK STEP, STEP BACK DRAG CLOSE STEP BACK DRAG HOLD

1&2 Right foot kick forward, right foot step forward, left foot kick forward, left foot step forward
3-4 Right foot step forward, weight back on left
&5-6 Right foot step back, left foot drag over the ground
&7-8 Left foot step back, right foot drag over the ground, weight back on left

KICK BALL CHANGE BOOGIE WALKS FORWARD STEP PIVOT ½ STEP ½ HOLD

1&2 Right foot kick forward, right foot step next to left foot, left foot step forward
3-4 Right foot swivel forward (lower on knees), left foot swivel forward (lower on knees)
5-6 Right foot step forward, make a ½ turn left
7-8 ½ turn right foot step back (weight on right foot), hold

KICK AND SIDE TOUCH BRUSH AND ¼ TURNING FLICK STEP HOLD, ½ OUT OUT HOLD

1&2 Left foot kick forward, right foot step to the right side, right foot touch next to left foot
3-4 Right foot brush, turning flick with ¼ turn right
5-6 Left foot step forward, hold
&7-8 Begin ½ turn left, right foot & left foot out out, hold

LONG JUMP FORWARD BEND KNEES IN SIT POSITION HOLD UP OUT OUT CLOSE AND LUNGE PULL TURN PIVOTS TO PENDULUM STEP ¾

- &1-2 Right foot & left foot a long jump forward, bend knees in sit position, hold with both hands on your both knees, left/right hold
- &3-4 Up and out out weight on back on both feet, hold and put your both hand with your hand palms to ceiling (like "I don't know")
- &5-6 Left foot close, right foot step forward (weight on right foot)
- 7-8 Commence to turn $\frac{3}{4}$ to the left keeping left toe pointed forward (weight back on left foot)

REPEAT
