Whole Lotta' Lovin'



拍数: 48 墙数: 4 级数: Intermediate

编舞者: Lesley Johnston (AUS)

音乐: Friday At Five - John Michael Montgomery



SCUFF FORWARD, CROSS, BACK, STEP BACK, HITCH, FORWARD HITCH

1-4 Scuff right forward, scuff right back across left, scuff right forward across left, scuff right foot

back

5-8 Step back on right, hitch left, step forward left, hitch right

VINE RIGHT, HITCH LEFT, HIPS LEFT-RIGHT-LEFT-RIGHT

9-12 Step right to side, left behind right, step right to side, hitch left

13-16 (Replacing left together) sway hips left-right-left-right

STEP BACK, BACK, BACK, HITCH TURN, VINE RIGHT, HITCH

17-20 Step back left-right-left, hitch right as you ¼ turn to right 21-24 Step right to side, left behind right, step right to side, hitch left

STEP HITCH, STEP HITCH, STEP HITCH, BALL CHANGE HITCH

25-28 Step left, hitch right, step right, hitch left

29-30 Step left, hitch right

31&32 Ball change right-left, hitch right

POINT TOGETHER, POINT TOGETHER, POINT TOGETHER

Point right to side, bring right together as you ¼ turn right

35-36 Point left to side, bring left together

37-38 Point right to side, bring right together as you ¼ turn

39-40 Point left to side, bring left together

CHA-CHA TO RIGHT, ROCK BACK, FORWARD, CHA-CHA TO LEFT, ROCK BACK FORWARD

41&42 Cha-cha to right (right-left-right)

43-44 Rock back on left, rock forward on right

45&46 Cha-cha to left (left-right-left)

47-48 Rock back on right, rock forward left

REPEAT

When doing hitches use "Country Hitches". These are done by only slightly bending knees & gently swinging the heel (heels also slightly turned out) just about 4" above opposite ankle - this is done nice & smooth. Also additional option: when doing the country hitch you may feel inclined to slap the inside of the knee with palm of hand