

Whole Lotta Hillcrest

COPPERKNOB
STEPSHEETS

拍数: 48 墙数: 1 级数: Beginner
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音乐: Squeeze Box - McBride & The Ride



TOE STRUTS, KICK, COASTER STEP, TOUCH

1-2 Step right toe forward, drop right heel
3-4 Step left toe forward, drop left heel
5 Kick right foot forward
6&7 Coaster step right, left, right
8 Touch left together

DIAGONAL CAMEL WALK TOUCHES

1-2-3 Step left diagonally forward, lock left behind right, step left diagonally forward
4 Touch right together
5-6-7 Step right diagonally forward, lock left behind right, step right diagonally forward
8 Touch left together

As a variation, try step, slide, step

LEFT FORWARD SHUFFLE, ROCK, RECOVER, RIGHT BACK SHUFFLE, ROCK, RECOVER

1&2 Shuffle forward left, right, left
3 Rock right forward, recover on left
5&6 Shuffle back right, left, right
7-8 Rock left back, recover to right

½ PIVOT, LEFT FORWARD SHUFFLE, ½ PIVOT, RIGHT STOMP, CLAP

1-2 Step left forward, turn ½ right (weight to right, 6:00)
3&4 Shuffle forward left, right, left
5-6 Step right forward, turn ½ left (weight to left, 12:00)
7-8 Stomp right forward, clap

VINE RIGHT, TOUCH, VINE LEFT, TOUCH

1-4 Vine right stepping right, left, right, touch left together
5-8 Vine left stepping left, right, left, step right together

As a variation, try contra shoulder movements, or same shoulder down as foot

SYNCOATED JUMP OUT, CROSS, ½ TURN LEFT TWICE

&1&2 Step left to side, step right to side, step left home, cross right over left
3 Unwind ½ left (weight to right, 6:00)
4&5 Hold (clap), step left to side, step right to side
&6 Step left home, cross right over left
7-8 Unwind ½ left (weight to left, 12:00), hold (clap)

REPEAT