

Whole Again

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 2 级数: Improver
编舞者: Ken Brookfield (WLS) & Jan Brookfield (UK)
音乐: Whole Again - Atomic Kitten



DIAGONAL STEP LOCK STEP FORWARD, BALL CROSS, DIAGONAL STEP LOCK STEP BACK, BALL CROSS

1-2 Step right diagonal forward, lock left behind right
3&4 Step right diagonally forward, step back on left, cross right over left
5-6 Step left diagonally back, lock right in front of left
7&8 Step left diagonally back, step back on right, cross left over right

¾ TURN LEFT, RIGHT SHUFFLE, STEP ¼ TURN RIGHT, CROSS SHUFFLE

9-10 Step right ¼ turn left, ½ turn left stepping forward on left
11&12 Step forward on right, close left to right, step forward on right
13-14 Step forward on left, pivot ¼ turn right
15&16 Cross left over right, step right to right, cross left over right

SIDE ROCK, KICK CROSS TOUCH TWICE, CROSS UNWIND ½ TURN LEFT

17-18 Step right to right side, rock weight back on to left
19&20 Kick right over left, step down on right, touch left toe to left
21&22 Kick left over right, step down on left, touch right toe to right
23-24 Cross right over left, unwind ½ turn left

BACK ROCK, LEFT SHUFFLE, STEP ¼ TURN LEFT TWICE WITH HIP BUMPS

25-26 Step back on left, rock weight forward on to right
27&28 Step forward on left, close right to left, step forward on left
29-30 Step forward on right, pivot ¼ turn left, (bumping hips)
31-32 Step forward on right, pivot ¼ turn left, (bumping hips)

REPEAT
