

Who's The One

COPPER KNOB
BY STEPHEN

拍数: 48 墙数: 4
编舞者: Rosalie Mackay (AUS)
音乐: Mama - John Stephan

级数: Intermediate waltz



FORWARD, FORWARD ½ TURN, TOGETHER, 1 ½ TURNS STEPPING RIGHT, LEFT, RIGHT

Option: waltz forward, forward, together, full turn right stepping forward right, left, right

- 1-2-3 Step left forward, step right forward turning ½ right, step left together (6:00)
4-5-6 ½ turn right step right forward, ½ turn right on right step left beside right, ½ turn right on left step right forward (12:00)

WALTZ FORWARD, TOGETHER, TOGETHER, BACK, TOUCH, ½ TURN HOOK

- 1-2-3 Step left forward, step right beside left, step left in place
4-5-6 Step right back, touch left toe back, ½ turn left on right and hook left in front of right (6:00)

STEP, PIVOT ½ TURN, STEP, PIVOT ½ TURN

- 1-2-3 Step left forward, step right forward, pivot ½ turn left weight on left (12:00)
4-5-6 Step right forward, step left forward, pivot ½ turn right weight on right (6:00)

CROSS, SIDE, ROCK, CROSS, REVERSE FULL TURN (OPTION: CROSS, SIDE, BEHIND)

- 1-2-3 Cross left over right, rock right to right side, replace weight on left
4-5-6 Cross right over left, ¼ turn right step left back, ½ turn right step right forward turning a further ¼ turn right (6:00)

SIDE ROCK, ½ TURN HINGE, CROSS, SIDE, ½ TURN TOGETHER

- 1-2-3 Rock left to left side, replace weight on right, ½ turn left step left to left side (12:00)
4-5-6 Cross right over left, step left to left side, ½ turn right step right beside left (6:00)

STEP, POINT FORWARD, POINT SIDE, FULL ROLL (OPTION: SIDE, BEHIND, SIDE)

- 1-2-3 Step left forward, point right toe forward, point right toe to right side
4-5-6 ¼ turn right step right forward, ½ turn right step left back, ¼ turn right step right to right side (6:00)

CROSS WALTZ STEP, CROSS, SIDE, BACK ROCK

- 1-2-3 Cross left over right, step right to right side, step left in place
4-5-6 Cross right over left, step left to left side, cross back rock on right

CROSS, SIDE, BACK ROCK, CROSS, ¼ TURN FORWARD, FORWARD ½ TURN PIVOT

- 1-2-3 Replace weight on left across right, step right to right side, cross back rock on left
4-5-6 Replace weight on right across left, ¼ turn left step left forward, step right forward pivot ½ turn (9:00)

The last step and the first step of this dance become a pivot turn during the dance

REPEAT