

Who I Am

COPPER **NOB**
STEPSHEETS

拍数: 32 墙数: 2 级数: Beginner
编舞者: Andrew Palmer (UK) & Simon Cox (UK)
音乐: Meat and Potato Man - Alan Jackson



HEEL-TOE STRUT RIGHT, HEEL-TOE STRUT LEFT, ROCKING CHAIR RIGHT

1-4 Step right heel forward, snap right toe down, step left heel forward, snap left toe down
5-8 Rock forward on right, recover weight to left, rock back on right, recover weight to left

STEP RIGHT FORWARD, SCUFF LEFT FORWARD, BRUSH LEFT OVER RIGHT, BRUSH LEFT (RETURN), BRUSH LEFT BACK, TAP LEFT TWICE, KICK LEFT

9-12 Step forward on right, scuff left heel forward, brush left toe across right, brush left toe forward across right
13-16 Brush left toe back and past right, tap left toe twice in place beside right, kick left foot forward

STEP LEFT FORWARD, TOUCH RIGHT TOE BESIDE LEFT, STEP RIGHT BACK, TOUCH LEFT TOE BESIDE RIGHT, PIVOT ½ TURN RIGHT

17-20 Step left foot forward, touch right toe in place beside left, step right foot back, touch left toe beside right
21-22 Step left foot forward, pivot ½ turn right (weight on right foot)

STEP LEFT FORWARD, STOMP-UP RIGHT IN PLACE, STEP SIDE RIGHT, TOUCH LEFT

23-24 Step left foot forward, stomp-up right foot in place beside left (weight remains on left)
25-26 Step right foot side right, touch left toe in place beside right

STEP SIDE LEFT, TOUCH RIGHT, KICK-BALL CHANGE RIGHT TWICE

27-28 Step left foot side left, touch right toe in place beside left
29-32 Right kick-ball change, right kick-ball change

REPEAT

COUPLES-LINE OPTION

Sweetheart hold. Never let go of hands

Steps as above, except last four counts:

KICK-BALL CHANGE RIGHT, PIVOT ½ TURN LEFT

29-32 Right kick-ball change, step right foot forward, pivot ½ turn left (weight on left foot)