

Who Don't Dance?

拍数: 48 墙数: 4 级数: Improver
编舞者: Karla Carter-Smith (CAN)
音乐: Mama Don't Dance & Daddy Don't Rock 'N Roll - Kenny Loggins & Jim Messina



PENDULUM SWING, KNEE PUMPS

1&2 Point right toe to right side, return right home & point left toe to left side
&3-4 Return left home & point right toe to right side, hold
5-6-7- Pump right knee in towards the left, putting weight on the right the 3rd time
8 Point left toe to left side

STEP, TOE CROSS, HEEL, TOE POINT, ¾ TURN LEFT, TOUCH, OUT OUT, HOLD

9-10 Step down on left, cross right toe in front of left
11-12 Step down on right, point left toe to left side
13-14 On ball of left foot, spin ¾ turn left, touch right beside
&15-16 Small step to right with right & small step to left with left, hold

HIP BUMPS, TOE, STEP, TOE, STEP

17-20 Bump hips right, left, right, left
21-22 Touch right toe forward, step down on right foot
23-24 Touch left toe forward, step down on left foot

¼ TURNS, TOE, STEP, TOE, STEP, ¼ TURNS

25 On ball of left foot, ¼ turn left pointing right toe to right side
26 ¼ turn right stepping down on right
27-28 Touch left toe forward, step down on left foot
29-30 Touch right toe forward, step down on right foot
31 On ball of right foot, ¼ turn right pointing left toe to left side
32 ¼ turn left stepping down on left foot

STEP TOUCH, STEP SCUFF, ROCK STEP, STEP TOUCH

33-34 Right foot step to right, touch left beside
35-36 Left foot step to left, right foot scuff beside
37-38 Rock back on right foot, rock forward on left foot
39-40 Right foot step to right, touch left beside

LEFT SKATE TOGETHER SKATE, STEP, HIP ROLL

41-42 Left foot skate to left, step right beside
43-44 Left foot skate to left, step right beside
45-48 Roll hips to right for 4 counts

REPEAT

TAG

At the end of verses 1 & 2 there is a break in the music, instead of doing the hip roll, hold for counts 45-48