

Who "Nose" What Spirit Is Best

COPPER KNOB
BY STEPHENETS

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Stephen (Hillbilly) Howard
音乐: Spirit In the Sky - Gareth Gates



GRAPEVINE RIGHT, WIGGLES & CHIN PULLS

- 1-4 Step right to right side, cross left behind right, step right to right side, close left to right
- 5-8 With feet together and knees bent, wiggle your knees and bum to right x 4, click fingers at the same time as wiggling
- 9-12 Place right hand in front of chin and left hand in front of belt buckle, in one movement pull chin to right and buckle to left (1 beat), return to center (1 beat), repeat chin pull in same direction, return to center, during this movement keep your knees together and bent for maximum effect

4 POINTS, 4 SLAPS WITH ¼ TURN LEFT, 4 ROCKS

- 13-16 Point right forward, point right to right side, point right behind, point right to right side
- 17-20 Raise right foot behind left leg and slap with left hand, take right leg (while still raised) to right side and slap with right hand, take right foot in front of left (while still raised) and slap with left hand, take right leg (while still raised) to right side and slap with right hand, while doing this movement you must make ¼ turn to your left
- 21-24 Rock forward on right, rock back onto left, rock back on right, rock forward onto left

PIVOT ½ TURN WITH HOLDS, KICK BALL CHANGE, SHUFFLE FORWARD

- 25-28 Step forward on right, hold, pivot ½ turn left, hold
- 29&30 Kick right forward, step right beside left, step onto left in place
- 31&32 Step forward right, close left beside right, step forward right

ROCK TWICE, CROSS SHUFFLE, SYNCOPATED GRAPEVINE RIGHT

- 33-34 Rock left to left side, replace weight onto right
- 35&36 Cross left over right, step right to right side, cross left over right
- 37-38 Step right to right side, cross left behind right
- 39&40 Tap right heel forward, bringing the right foot back into place put weight on ball of foot, cross left in front of right

ROCK ROCK SAILOR STEP, ½ TURN, ½ TURN

- 41-42 Rock right to right side, replace weight onto left
- 43&44 Cross right behind left, step left to left side, step right to place
- 45-48 Step forward on left, pivot ½ turn right, step forward on left, pivot ½ turn right

TAP, HITCH, POINT TURN, KNEE HITCH TWICE

- 49-52 Tap left toe to left side, hitch left knee, point left toe to left side, turn 1/8 turn putting weight on left foot
- 53-56 Hitch right knee, tap right toe to back, hitch right knee, place right foot square to front (i.e. Returning 1/8 of a turn right)

ARMS ONLY

- 57-60 Raise right arm to right, raise left arm to left, lower right arm crossing to left hip lower left arm crossing to right hip
- 61-64 Raise both hands to left of head then pull down slightly three times

REPEAT

TAG

After 1st wall only

ROCKING CHAIR, ¼ PIVOT TURN TWICE, ROCKING CHAIR, ¼ PIVOT TURN TWICE

1-4 Rock forward on right, rock back onto left, rock back on right, rock forward onto left

5-8 Step forward right, pivot ¼ turn left, step forward right, pivot ¼ turn left

9-12 Rock forward on right, rock back onto left, rock back on right, rock forward onto left

13-16 Step forward right, pivot ¼ turn left, step forward right, pivot ¼ turn left
