

White Man's Dance

拍数: 64 墙数: 2 级数: Intermediate
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音乐: Cherokee Boogie - BR5-49



SCUFFS FORWARD

- 1&2 With body angled toward left scuff the left foot, hitch the left knee up, stomp the left foot down, pointing left toe to the left
- 3&4 With body angled toward right scuff the right foot, hitch the right knee up, stomp the right foot down, pointing right toe to the right
- 5-8 Repeat counts 1-4

HEEL TWISTS

- 9 Step forward on left foot, landing with left foot pointing to the left. (pivot right foot, too, so you end up with both feet pointing to the left)
- 10 Step forward on right foot, landing with right foot pointing to the right. (pivot left foot, too, so you end up with both feet pointing to the right)
- 11-12 Repeat counts 9-10

SCUFFS FORWARD, STEP PIVOT

- 13-16 Repeat counts 1-4
- 17 Left foot step forward
- 18 Pivot $\frac{1}{2}$ turn to the right, ending with weight on right foot
- 19-20 Stomp left foot, stomp right foot
- 21-24 4-count body roll (bend knees down, roll body up)

HANDS

- 25 Slap hands on knees
- 26 Clap hands in front of you
- 27 Put right hand on left arm, just above the elbow
- 28 Put left hand on right arm, on the elbow
- 29 Lift right hand off left arm so that right forearm is vertical
- &30 Slap right hand back down to left arm and lift left hand to vertical
- &31 Slap left hand back down to right arm and lift right hand to vertical
- &32 Slap right hand back down to left arm and lift left hand to vertical

STEP AND CLAP

- 33 Step forward onto ball of left foot
- 34 Put weight down on heel of left foot and clap
- 35 Step forward onto ball of right foot
- 36 Put weight down on heel of right foot and clap
- 37 Step forward onto ball of left foot and turn $\frac{1}{4}$ to the right
- 38 Put weight down on heel of left foot and clap
- 39 Step back onto ball of left foot and turn $\frac{1}{4}$ to the right
- 40 Put weight down on heel of right foot and clap

8 WHITE MAN STEPS

- 41 Step forward left
- 42 Step right foot together
- 43 Step back left
- 44 Step right foot together
- 45-48 Repeat counts 41-44

JAZZ BOX LEFT, SCUFF, JAZZ BOX RIGHT

- 49 Cross left over right
- 50 Step right to right side
- 51 Step left to left side
- 52 Scuff right
- 53 Cross right over left
- 54 Step left to left side
- 55 Step right to right side
- 56 Left touch in place

ELVIS KNEES WITH ½ TURN RIGHT

- 57 Lift left heel off floor and swing left knee outward to the left
- 58 Bring left knee to center and set left heel down
- 59 Lift right heel off floor and swing right knee outward to the right, using the momentum of the knee swing to pivot ¼ turn to the right
- 60 Bring right knee to center and set right heel down
- 61-64 Repeat counts 57-60

REPEAT

VARIATION

On counts 41-48, add 8 knock knees. That is, on the & before each count, point both knees outward. On each of the 8 counts themselves, point both knees inward. It takes practice, but looks great.

THE BIG FINISH

If you start on count 9 of the song, you will be facing the original wall as the song ends. Dance the wall the same as usual, but finish on count 15 of the dance by stomping your right foot to the right with your hands out to the sides in the "Ta-Daa" stance. That is, instead of

- 9-12 Swivel-swivel-swivel-swivel
 - 13&14 Scuff-hitch-stomp
 - 15&16 Scuff-hitch-stomp
 - just do**
 - 9-12 Swivel-swivel-swivel-swivel
 - 13&14 Scuff-hitch-stomp
 - 15 Stomp
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