

# White Flag

**COPPER KNOB**  
BY STEPHEN HETS

拍数: 0      墙数: 4      级数: Intermediate  
编舞者: Elaine Jordan (UK)  
音乐: White Flag - Dido



Sequence: AB, AAB, A, continue A to end of dance

## PART A

### CROSS FORWARD BACK AND BACK FORWARD AND SIDE ROCK AND BEHIND AND FRONT AND ¼ TURN LEFT

- 1-2&      Rock across right foot with left, recover weight back onto left foot, place left foot next to right  
3-4&      Rock back and behind left foot with right, recover weight forward onto left, place right foot out to right side  
5-6&      Step in place with left foot, cross right foot behind left, step left foot to left side  
7&8&      Cross right foot in front of left, step side left, cross right foot behind left, step to left side on left foot making ¼ turn to left side

### ROCKS FORWARD BACK, BACK LOCK BACK AND BACK LOCK BACK TURN ¼ SWAY LEFT RIGHT

- 1-2&      Rock forward onto right foot, recover weight back onto left foot, step back on right foot  
3-4&      Lock left foot across front of right, step back on right, step back on left  
5-6&      Lock right foot across front of left, step back on left, step back on right  
7-8&      Step forward on left foot swaying weight onto left, as you sway weight onto right foot make ¼ turn to right, bring left foot alongside right and transfer weight onto left

### SWAY RIGHT LEFT ¼ TURN HEEL AND TOUCH, CROSS BACK AND CROSS SIDE

- 1-2&      Sway weight onto right foot, sway weight back onto left foot, transfer weight onto right making a ¼ turn to left  
3&4      Left heel goes forward, step in place on left foot, touch right toe along side of left  
5-6&      Cross right foot in front of left, step back on left foot, step back on right foot  
7-8      Cross left foot in front of right, step to right side on right foot

### CROSS POINT HOLD, CROSS POINT HOLD, BACK POINT HOLD, BACK HOLD

- 1-2      Step left foot over and in front of right, point right foot out to right side  
3-4      Step right foot over and in front of left, point left foot out to left side  
5-6      Step left back and behind right, point right foot out to right side  
7-8      Step right foot back and behind left, point left foot out to left side

## PART B

### STEP LOCK AND STEP TURN, STEP LOCK AND STEP TURN

- 1-2&      Step forward onto left foot, lock right foot behind left foot, step in place onto left foot  
3-4      Step forward onto right foot make ½ turn to left, step onto left foot  
5-6&      Step forward onto right foot, lock left foot behind right foot, step into place onto right foot  
7-8      Step forward onto left foot and make ½ turn to right, step onto right foot

### MONTEREY TURNS WITH HOLDS TWICE

- &1-2      Step onto left foot, point right toe to right side hold for 1 count  
&3-4      Step right foot in and pivot ½ turn to right on right foot, point left toe out to left side and hold for one count  
&5-6      Step onto left foot, point right toe to right side hold for 1 count  
&7-8      Step right foot in and pivot ½ turn to right on right foot, point left toe out to left side and hold for one count

