Whispering Wind

拍数: 32

级数: Improver

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音乐: The Whispering Wind - Mandy Barnett

SWAY, SWAY, BEHIND, SIDE, CROSS, SWAY, SWAY, BEHIND, SIDE, CROSS

- Step and sway right to side right, step and sway side left to side left 1-2
- 3&4 Step right behind left, step left to side left, cross right over left
- 5-6 Step and sway left to side left, step and sway right to side right
- 7&8 Step left behind right, step right to side right, cross left over right

BACK, LOCK, BACK, LOCK, BACK, SWEEP, TOUCH, SHUFFLE FORWARD

- 1-2 Step right back to right diagonal; lock-step left to outside of right
- 3&4 Step right back to right diagonal; lock-step left to outside of right; step right back to right diagonal
- 5-6 Sweep left ¹/₂ turn left (6:00); touch left in front of right
- 7&8 Shuffle forward left, right, left

STEP, TURN, TRIPLE ¾ TURN LEFT, ROCK, RECOVER, SHUFFLE FORWARD

- Step forward on right; turn $\frac{1}{2}$ left and step forward on left (12:00) 1-2
- 3&4 Turn ³/₄ left triple right-left-right (3:00)
- 5-6 Rock back on left; recover weight forward on right
- Shuffle forward left, right, left 7&8

SLOW - SWAY, ¼ TURN LEFT SHUFFLE, STEP, ½ TURN LEFT, ¼ TURN LEFT SWAY, SWAY

- 1-2 Step and sway right to right for 2 counts (end with weight on right)
- 3&4 Turn ¼ left and shuffle forward left, right, left (12:00)
- 5-6 Step forward on right; turn 1/2 left and step forward left (6:00)
- 7-8 Turn ¼ left on ball of left (3:00) and step and sway right to side right; step and sway left to side left

REPEAT





墙数:4