

Whirl-Y-Reel

COPPER KNOB
BY SHEETS

拍数: 0 墙数: 0 级数: Phrased Intermediate
编舞者: Bill Bader (CAN)
音乐: Whirl-Y-Reel I (Beard & Sandals Mix) - Afro Celt Sound System



Sequence: When dancing to "Whirl-Y-Reel I", start at 0:39. The sequence is dictated by the musical themes.

For example, Section A is triggered by the Irish flute theme

The music is available on the movie soundtrack "Jungle 2 Jungle" or on "The Greatest Irish Album Ever Made" (Telstar Records, London 44(0)20 8878 7888)

1st Wall (12:00): A, B-3 - First half plus "Heel and Toe"

2nd Wall (9:00): A, B - Entire dance

3rd Wall (6:00): A, B - Entire dance

4th Wall (3:00): B only - Last half

5th Wall (12:00): A, A-1 with special ending (see below) - First half restart

When dancing to "Fever", do original routine below for walls 1-4, then, because of this longer song, do the total dance on walls 5 and 6. When dancing to "Dance On", there is no sequence needed. Just dance AB, AB, AB, etc

Dedicated to Mary Dale of Invercargill, New Zealand in whose home this was created

PART A

ROCK FORWARD-BACK, SHUFFLE BACK, ROCK BACK-FORWARD, FULL SPIN FORWARD, STEP FORWARD: REPEAT LEADING WITH LEFT

1-2 Step right forward, rock back onto left

3&4 Shuffle back on right-left-right

5-6 Step left back, rock forward onto right

7-8 Step left forward spinning a full turn to right on ball of left, step right forward

9-16 Repeat counts 1-8 in this section with left foot lead (You will spin left)

At the end of the song, replace the last 2 counts with

15&16 Shuffle forward on right, left, right. On last step, slowly extend arms diagonally outward with right arm forward and left arm back

HEEL GRIND, COASTER STEP, ½ PIVOT, QUICK VINE LEFT: TWICE

1-2 With right heel forward: grind right heel with toe in, then out

3&4 Coaster step right-left-right (back-together-forward)

5-6 Step left forward, pivot turn ½ right shifting weight forward onto right

7&8 Step left to left side, cross-step right behind left, step left to left side

9-16 Repeat counts 1-8 in this section (identical footwork)

CROSS, ROCK, SIDE-TOGETHER-SIDE, CROSS, ROCK, TRIPLE TURN ½: TWICE

1-2 Cross-step right over left, rock back onto left

3&4 Step right to right side, slide step left beside right, step right to right side

5-6 Cross-step left over right, rock back onto right

7&8 Triple step left, right, left in place turning ½ left

9-16 Repeat counts 1-8 in this section

PART B

SWEEP RIGHT, STEP FORWARD, SWEEP LEFT, STEP FORWARD, SWEEP SIDE-FRONT-SIDE, STEP BACK; SWEEP LEFT, STEP BACK, SWEEP RIGHT, STEP BACK, SWEEP SIDE-BACK-SIDE, STEP FORWARD

1-2 Sweep right toe from right side to forward, step right forward

3-4 Sweep left toe from left side to forward, step left forward

5-6 Sweep right toe to right side, sweep right toe forward

7-8 Sweep right toe to right side, step right back

Now repeat these 8 counts but in reverse

- 9-10 Sweep left toe from left side to back, step left back
- 11-12 Sweep right toe from right side to back, step right back
- 13-14 Sweep left toe to left side, Sweep left toe back
- 15-16 Sweep left toe to left side, step left forward

SYNCOPATED VINE RIGHT, SHIMMY WITH 4 HEEL BOUNCES TURNING ½ RIGHT: TWICE

- 1-2 Step right to right side, cross step left behind right
- &3-4 Step right to right side, cross step left over right, hold
- 5-6-7-8 Shimmy 4 counts bouncing heels 4 times turning 1/8 right each time for a total of ½ turn
- 9-16 Repeat counts 1-8 in this section

HEEL, STEP, POINT, HEEL, STEP, POINT, TURN; REPEAT 3X BUT ELIMINATE THE TURN AT THE END

Notice that this is the only section that changes your wall direction

- 1&2 Touch right heel forward, step right beside left, touch left toe to left side
- 3&4 Touch left heel forward, step left beside right, touch right toe to right side
- & Keeping right leg extended to the right side, turn ¼ right
- 5-8& Repeat counts 1-4& on 2nd wall
- 9-12& Repeat counts 1-4& on 3rd wall
- 13-16 Repeat counts 1-4 on 4th wall but NO TURN

Notice there is no "&" count here.
