

# The Whip

拍数: 64      墙数: 2      级数:  
编舞者: Sean Roberts (UK)  
音乐: Any East Coast Swing around 160-165 bpm



## VINE RIGHT, HITCH LEFT, VINE LEFT, HITCH RIGHT

1-2      Step right to right side, step left cross behind right  
3-4      Step right to right side, hitch left knee  
5-6      Step left to left side, step right cross behind left  
7-8      Step left to left side, hitch right knee

## STEP BACK RIGHT, LEFT, RIGHT, HITCH LEFT, STEP FORWARD LEFT, STOMP RIGHT THREE TIME

1-2      Step back right, left  
3-4      Step back right, hitch left  
5-8      Step forward left, stomp right next to left three times

## ROCK FORWARD RIGHT, REPLACE LEFT, ROCK BACK RIGHT, REPLACE LEFT, (REPEAT)

1-2      Step forward right, replace weight back to left  
3-4      Step back on ball of right, replace weight forward to left  
5-6      Step forward right, replace weight back to left  
7-8      Step back on ball of right, replace weight forward to left

## STEP FORWARD RIGHT, ¼ TURN LEFT, STOMP RIGHT STOMP RIGHT, TOUCH RIGHT SIDE, RIGHT TOGETHER, RIGHT FORWARD, HOLD/CLAP

1-2      Step forward right, make ¼ turn left  
3-4      Stomp right in place, twice,  
5-6      Touch right to right side, touch right together in place  
7-8      Touch right heel forward, hold and clap

## CROSS RIGHT FRONT/SLAP, REPLACE, CROSS RIGHT FRONT/SLAP, REPLACE, CROSS RIGHT BEHIND/SLAP, REPLACE, CROSS RIGHT FRONT/SLAP, FLICK OUT RIGHT/SLAP

1-2      Cross right foot in front of left and slap with left hand, replace right next to left  
3-4      Cross right foot in front of left and slap with left hand, replace right next to left  
5-6      Cross right foot behind left and slap with left hand, replace right next to left  
7      Cross right foot in front of left and slap with left hand  
8      Make ¼ turn left on left as you turn flick right foot out right and slap with right hand

## VINE RIGHT, HITCH LEFT, VINE LEFT, HITCH RIGHT

1-2      Step right to right side, step left cross behind right  
3-4      Step right to right side, hitch left knee  
5-6      Step left to left side, step right cross behind left  
7-8      Step left to left side, hitch right knee

## SYNCOPATED FORWARD AND SIDES

1&2      Touch right heel forward & replace right next to left, touch left to left side  
3&4      Touch left heel forward & replace left next to right, touch right to right side

## SYNCOPATED FORWARD RIGHT, LEFT, RIGHT HOLD/CLAP, STEP RIGHT PIVOT ½, STEP PIVOT ½

1&      Touch right heel forward & replace right next to left,  
2&      Touch left heel forward & replace left next to right,  
3-4      Touch right heel forward, hold and clap  
5-6      Step forward right, pivot ½ turn left

7-8 Step forward right, pivot ½ turn left

**SYNCOPATED SIDE RIGHT, LEFT, FORWARD RIGHT, HOLD/CLAP,**

1& Point right toe to right side, replace right next to left,

2& Point left toe to left, replace left next to right

3-4 Touch right heel forward, hold & clap

**REPEAT**

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