

Where Am I?

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Gabrielle Hancock (UK)
音乐: Here I Am - No Authority



Start dance 16 counts after vocalist sings 'Hey'

BACK LEFT, SLIDE RIGHT, TOUCH LEFT, RIGHT SHUFFLE FORWARD

1-2 Take a long step back on left foot, slide right foot toward left foot
3 Touch right foot beside left (can body roll with steps)
4&5 Step forward on right foot-step left foot behind right-step forward on right foot

HITCH TURN ¼ RIGHT, HITCH TURN ½ RIGHT, LEFT SAILOR STEP

6 ¼ turn right on ball of right foot hitching left knee & touching left foot to left side
7 ½ turn right on ball of right foot hitching left knee & touching left foot to left side
8&9 Step left foot behind right-side step right on right foot-step to left side on left foot

SYNCOPATED WEAVE LEFT, RIGHT SIDE ROCK

10&11 Step right foot behind left-side step left on left foot-step right foot over left
12-13 Side rock right on right foot, return weight to left foot

SYNCOPATED WEAVE WITH ¼ TURN RIGHT, RIGHT FORWARD ROCK

14&15 Step left foot behind right-side step right on right foot-¼ turn right onto left foot
16-17 Rock forward on right foot, return weight to left foot

STEP-LOCK-STEP BACK ON RIGHT, STROLL BACK LEFT, RIGHT

18&19 Step back on right foot-lock left foot in front of right-step back on right foot
20 Step left foot behind right bending knees slightly
21 Step right foot behind left bending knee slightly (these steps are traveling backwards)

RIGHT MAMBO ROCK BACK, SKI STEPS FORWARD RIGHT, LEFT

22&23 Rock back on right foot-return weight to left foot-step forward on right foot
24 Step on right foot sliding foot forward & slightly to right diagonal
25 Step on left foot sliding foot forward & slightly to left diagonal

RIGHT MAMBO ROCK FORWARD & ¼ TURN RIGHT, ¼ PIVOT TURN RIGHT

26&27 Rock forward on right foot-return weight to left foot-¼ turn right onto right foot
28-29 Step forward on left foot, pivot ¼ turn right onto right foot

LEFT BEHIND-SIDE-HEEL TAP, TOUCH ACROSS, UNWIND ¼ TURN RIGHT

30&31 Step left foot behind right-side step right on right foot-tap left heel to left side
32& Touch left toes across right foot-unwind ¼ turn right (weight remains on right foot)

REPEAT