

# When Life Gets You Down

**COPPER** KNOB  
BY STEPHEN T. C.

拍数: 32      墙数: 4      级数: Beginner  
编舞者: The Phoenix (UK)  
音乐: Carry On - Tim McGraw



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## RIGHT VINE, TOUCH, LEFT VINE, SCUFF

1-3      Right vine  
4      Touch left next to right  
5-7      Left vine  
8      Scuff right

## STEP BACK, TOUCH, SHUFFLE, ROCK, ROCK, TRIPLE TURN

9      Step back on right  
10      Touch left over right  
11&12      Left shuffle forward  
13      Rock right forward  
14      Rock weight back onto left  
15&16      Triple step turning  $\frac{1}{2}$  over right shoulder

## ROCK, ROCK, COASTER STEP, STEP, PIVOT, SHUFFLE

17      Rock left forward  
18      Rock weight back onto right  
19&20      Left coaster step  
21      Step right forward  
22      Pivot  $\frac{1}{2}$  over left shoulder  
23&24      Right shuffle forward

## STEP, HIP SWINGS, STEP, PIVOT, SHUFFLE

25      Step left to left side, while swinging hips to left  
26      Swing hips right  
27      Swing hips left  
28      Swing hips right  
29      Step left forward  
30      Pivot  $\frac{1}{4}$  over right shoulder  
31&32      Left shuffle forward

**REPEAT**

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