

Wheels & Wings

拍数: 64 墙数: 4 级数: Beginner
编舞者: Kristina Beeby (AUS)
音乐: This Ole Heart - Terri Clark



1-2 Touch right heel forward at 45 degrees right, hook right foot across left shin
3-4 Touch right heel at forward 45 degrees right, step right foot beside left
5-6 Touch left heel forward at 45 degrees left, hook left foot across right shin
7-8 Touch left heel forward at 45 degrees left, touch left toe beside right

1-2 Step left foot to left side, step right behind left
3-4 Step left foot to left side, touch right beside left
5-6 Step right foot forward, pivot turn $\frac{1}{4}$ turn left (weight onto left)
7-8 Step right foot forward, pivot turn $\frac{1}{4}$ turn left (weight onto left)

1-2 Step forward on right, rock back on left
3-4 Step back on right, rock forward on left
5-6 Step right foot forward, pivot turn $\frac{1}{4}$ turn left (weight onto left)
7-8 Step right foot forward, pivot turn $\frac{1}{4}$ turn left (weight onto left)

1-2 Step right foot to right side, step left behind right
3-4 Step right foot to right side, touch left beside right
5-6 Step left foot forward, pivot turn $\frac{1}{4}$ turn right (weight onto right)
7-8 Step left foot forward, pivot turn $\frac{1}{4}$ turn right (weight onto right)

1-2 Step forward on left, rock back on right
3-4 Step back on left, rock forward on right
5-6 Step left foot forward, pivot turn $\frac{1}{4}$ turn right (weight onto right)
7-8 Step left foot forward, pivot turn $\frac{1}{4}$ turn right (weight onto right)

1-2 Step left foot forward, lock/step right behind left
3-4 Step left foot forward, scuff right beside left
5-6 Step right foot forward, lock/step left behind right
7-8 Step right foot forward, step left beside right

1-4 Heel splits twice
5-6 Touch right toe to right side, step right beside left
7-8 Touch left toe to left side, touch left toe beside right

1-2 Step left foot back, step right foot back across left
3-4 Step left foot back, touch right foot beside left
5-6 Step right foot back, step left foot back across right
7-8 Step right foot back turning $\frac{1}{4}$ turn left, step left beside right

REPEAT