

What's That

拍数: 64 墙数: 4 级数: Advanced
编舞者: Ann Cripps (CAN)
音乐: Sugar Shack - Marcia Griffiths



PELVIC THRUSTS

- 1-2 Thrust pelvis forward for two beats
- 3-4 Bottom back for two beats
- 5-6 Bump right hip right for two beats
- 7-8 Bump left hip left for two beats
- 9-12 Roll hips in a circle to the left twice

HUSTLE FORWARD & BACK

- 13-16 Walk forward right, left, right, kick left
- 17-20 Walk back left, right, left, touch right toe to left foot

VAUDEVILLE STEP

- 21 Touch right heel out to right at 45 degrees
- &22 Hop back onto right foot while crossing left foot in front of right foot
- &23 Step right foot to right side, touch left heel to left at 45 degrees
- &24 Hop back on left while crossing right foot in front of left foot
- &25 Step left foot to left side, touch right heel out to right at 45 degrees
- &26 Hop back onto right foot while crossing left foot in front of right foot
- &27 Step right foot out to right side, touch left heel out to left at 45 degrees
- &28 Hop back onto left foot while crossing right foot in front of left

KNEE SWIRL, TURNING SHUFFLES & ROCK STEPS

- 29-30 Jump both feet back to left keeping right foot in front
- 31-32 Swirl knees twice while turning body $\frac{1}{4}$ to right
- 33&34 Shuffle forward right, left, right
- 35-36 Step left foot forward pivoting body $\frac{1}{2}$ turn to right, replace weight to the right foot

- 37-38 Rock forward on left foot, step back on right while lifting left foot & turning a $\frac{1}{2}$ turn to the left
- 39&40 Shuffle forward left, right, left
- 41-42 Rock forward on right foot, step back on left foot & make a $\frac{1}{2}$ turn to the right
- 43&44 Shuffle forward right, left, right

SHUFFLE LEFT & ROCK BACK, SHUFFLE RIGHT & ROCK BACK

- 45&46 Turning $\frac{1}{4}$ to the right shuffle to the left: left, right, left
- 47-48 Rock right foot behind left, replace weight to left foot
- 49&50 Shuffle to the right: right, left, right
- 51-52 Rock left foot behind right, replace weight to right foot

$\frac{3}{4}$ STEP TURN & QUICK FORWARD HIP ROLLS WITH HAND CLAPS

- 53-54 Step forward on left foot turning body $\frac{1}{4}$ turn to the right, replace weight the right foot turning body $\frac{1}{4}$ to the right
- 55-56 Step forward on left foot turning body $\frac{1}{4}$ to the right, replace weight to right foot
- &57 While moving forward (rotate hips to the left) & step quickly left then right (small steps)
- &58 Double hand clap
- &59&60 Repeat step &57&58
- 61-64 Repeat steps &57&58 two more times

REPEAT
