

What's On My Mind

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Steve Mason (UK)
音乐: What's On My Mind - Blake Shelton



CROSS, SIDE, VAUDEVILLE, CROSS, SIDE ¼ TURN LEFT VAUDEVILLE

1-2 Cross step right foot over left foot, step left foot to left side
3&4 Cross step right foot behind left foot, step left foot to left side, touch right heel diagonally right
&5-6 Step right foot next to left foot, cross step left foot over right foot, step right foot to right side
7&8 Cross step left foot behind right foot, step right foot to right side ¼ turn left, touch left heel forward

STEP, FORWARD ROCK, RECOVER, ½ SHUFFLE TURN, FULL TURN, STEP, ½ PIVOT, STEP

&9-10 Step left foot beside right foot, rock step forward on right foot, recover weight to left foot
11&12 Triple step right, left, right making ½ turn right
13-14 Step forward on left foot making ½ turn right, step forward on right foot making ½ turn right

Easier option:

13-14 Walk forward left, right
15&16 Step forward on left foot, ½ pivot turn right, step forward on left foot

CROSS STEP, POINT, CROSS STEP, POINT, CROSS, SIDE, SAILOR STEP

17-18 Cross step right foot over left foot, point left foot to left diagonal
19-20 Cross step left foot over right foot, point right foot to right diagonal
21-22 Cross step right foot over left foot, step left foot to left side
23&24 Cross step right foot behind left foot, step left foot to left side, step right foot to right side

CROSS SIDE, SAILOR ¼ TURN LEFT, FORWARD ROCK, RECOVER, FULL TRIPLE TURN

25-26 Cross step left foot over right foot, step right foot to right side
27&28 Cross step left foot behind right foot, ¼ turn left step right foot to right side, step left foot to left side
29-30 Rock step forward on right foot, recover weight to left foot
31&32 Triple step right, left, right, on the spot making a full turn right

Easier option

31&32 Right coaster step

WEAVE RIGHT, POINT, CROSS ¾ TURN RIGHT, POINT

33-34 Cross step left foot over right foot, step right foot right
35-36 Cross step left foot behind right foot, point right foot to right side
37-38 Cross step right foot over left foot, ¼ turn right stepping back on left foot
39-40 ½ turn right stepping onto right foot, point left foot to left side

WEAVE RIGHT, POINT, CROSS ¾ TURN RIGHT, POINT

41-42 Cross step left foot over right foot, step right foot right
43-44 Cross step left foot behind right foot, point right foot to right side
45-46 Cross step right foot over left foot, ¼ turn right stepping back on left foot
47-48 ½ turn right stepping onto right foot, point left foot to left side

CROSS ROCK, RECOVER, SIDE SHUFFLE, CROSS ROCK, RECOVER, ¼ SHUFFLE

49-50 Cross rock step left foot over right foot, recover weight to right foot
51&52 Step left foot to left side, step right foot beside left foot, step left foot to left side
53-54 Cross rock step right foot over left foot, recover weight to left foot

55&56 Step right foot to right side, step left foot beside right foot, $\frac{1}{4}$ turn right stepping forward on right foot

HEEL & HEEL SWITCHES, STEP, $\frac{1}{2}$ PIVOT, STEP, HEEL & HEEL SWITCHES, STEP $\frac{1}{2}$ PIVOT

57&58& Touch left heel forward, step left foot beside right foot, touch right heel forward, step right foot next to left foot

59&60 Step forward on left foot, $\frac{1}{2}$ pivot turn right, step forward left foot

61&62& Touch right heel forward, step right foot next to left foot, touch left heel forward, step left foot next to right foot

63-64 Step forward on right foot, $\frac{1}{2}$ pivot turn left

REPEAT
