

What If

拍数: 38 墙数: 0 级数:
编舞者: Sue "Shinyboots" Bearsley (UK)
音乐: What If - Kate Winslett



Intro is about 43 seconds, Start on the word "I" (The first time she sings the line "What if I had never let you go")

ROCK BACK RECOVER, FULL TURNING CHA-CHA, LEFT BACK RECOVER, RIGHT BACK RECOVER ¼ LEFT, STEP RIGHT TO RIGHT SIDE

1&2 Rock left foot back recover right
3&4 Triple full turn left stepping right, left, right
5&6 Rock left foot back recover right
7&8 Rock right back recover with a ¼ of a turn left, step right to right side

ROCK BACK RECOVER, BEHIND, SIDE, IN FRONT, STEP LEFT TO LEFT SIDE SWAYING LEFT, RIGHT, LEFT, RIGHT

1&2 Rock left foot back recover right
3&4 Cross right behind left, step left to left side, cross right in front of left
5-6 Step left foot to left side putting weight on left, sway weight over to right
7-8 Sway weight back to left, sway weight back to right

ROCK BACK RECOVER, FULL TURNING CHA-CHA LEFT, SKATE BACK LEFT, RIGHT, LEFT SKATE SHUFFLE

1&2 Rock left foot back recover right
3&4 Triple full turn left stepping right, left, right
5-6 Skate back left, right
7&8 Step left back, right back, left back, (skate your feet as you do this)

CROSS ROCK MAMBOS RIGHT AND LEFT, CROSS UNWIND ½ TURN, PADDLE 1/8 TURN LEFT

1&2 Cross rock right over left recover left, replace right next to left
3&4 Cross rock left over right recover right, replace left next to right
5-6 Cross right over left unwind ½ a turn left
7-8 Step right foot forward pivot 1/8th of a turn on ball of right foot

PADDLE 1/8 TURN LEFT, MAMBOS FORWARD & BACK

1-2 Step right foot forward pivot 1/8 turn on ball of right, (leaving weight on right)
3&4 Rock forward on left recover right, step left in place
5&6 Rock back on right recover left, step in place

REPEAT

TAG 1

Do this at the end of wall 2

SKATE FORWARD LEFT, RIGHT, MAMBO FORWARD & BACK, SKATE FORWARD LEFT, RIGHT, LEFT, RIGHT

1-2 Skate forward left, right
3&4 Rock forward on left recover right, step left beside right
5&6 Rock back on right recover left, step right beside left
7-8 Skate forward left, right
9-10 Repeat counts 7-8

TAG 2

Do this at the end of wall 3

SKATE FORWARD LEFT, RIGHT, MAMBO ROCKS FORWARD & BACK, SKATE FORWARD LEFT RIGHT

1-2 Skate forward left, right

3&4 Rock forward on left recover right, place left next to right

5&6 Rock back on right recover left, place right next to left

7-8 Skate forward left, right

On final sequence after paddle turns hold, Then start dance again on the word "I" complete dance again include mambo steps to end with a full turn on the 9:00 wall
