

What I Get

拍数: 64 墙数: 4 级数: Improver
编舞者: Rafel Corbí (ES)
音乐: That's What I Get - BR5-49



This dance has been selected by the Association de Danse Country Canadiense as one of the competition dances for 2005.

RIGHT SIDE SHUFFLE WITH ¼ TURN, STEP FORWARD, PIVOT, SHUFFLE FORWARD, TOE STRUT

1&2 Step right to right side, left foot close to right, step right foot to right side with ¼ turn right
3-4 Step forward with left, pivot and turn ½ to right
5&6 Step forward with left foot, right foot beside left, step forward left
7-8 Press right toe forward, press heel down

TOE STRUT, RIGHT SIDE SHUFFLE WITH ¼ TURN, STEP FORWARD, PIVOT, SHUFFLE FORWARD

9-10 Press left toe forward, press heel down
11&12 Step right to right side, left foot close to right, step right foot to right side with ¼ turn right
13-14 Step forward with left, pivot and turn ½ to right
15&16 Step forward with left foot, right foot beside left, step forward left

TOE STRUT, JAZZ BOX

17-18 Press right toe forward, press heel down
19-20 Press left toe forward, press heel down
21-22 Cross right over left, step left back
23-24 Step right foot back, left foot beside right

MONTEREY TURN, KICK BALL CHANGE

25-26 Point right toe to right side, right foot beside left foot while turning ¼ to right
27-28 Point left toe to left side, left foot close to right
29&30 Kick right forward, press ball of right beside left and change weight to left foot
31&32 Kick right forward, press ball of right beside left and change weight to left foot

STEP FORWARD, PIVOT, KICK BALL CHANGE, STEP FORWARD, PIVOT

33-34 Step forward with right foot, with weight on left, turn ½ to left
35&36 Kick right forward, press ball of right beside left and change weight to left foot
37&38 Kick right forward, press ball of right beside left and change weight to left foot
39-40 Step forward with right foot, with weight on left, turn ½ to left

RIGHT SIDE SHUFFLE, ROCK & RECOVER, LEFT SIDE SHUFFLE, ROCK & RECOVER

41&42 Step right to right side, left foot close to right, step right foot to right side
43-44 Rock left foot forward, recover on right
45&46 Step left to left side, right foot close to left, step left foot to left side
47-48 Rock right foot forward, recover on left

BACK TOE STRUT, FORWARD TOE STRUT

49-50 Press right toe back, press heel down
51-52 Press left toe back, press heel down
53-54 Press right toe forward, press heel down
55-56 Press left toe forward, press heel down

STEP FORWARD, PIVOT, STEP FORWARD, PIVOT, HEEL, HOLD, TOE, HOLD

57-58 Step forward with right foot, with weight on left, turn ½ to left

59-60 Step forward with right foot, with weight on left, turn $\frac{1}{2}$ to left
61-62 Right heel forward, hold (or clap)
63-64 Right toe back, hold (or clap)

REPEAT
